

# Effect of Bone Morphogenetic Protein-2 and Doxycycline on the Differentiation of Osteoprogenitors from Human Femoral Bone

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**Abstract:** The purpose of this investigation was to evaluate the effects of bone morphogenetic protein-2 (BMP-2) and doxycycline on the *in vitro* differentiation of osteoprogenitor cells isolated from human femoral cancellous bone. The differentiation of osteoprogenitors into bone-forming osteoblasts was evaluated by alkaline phosphatase activity, osteocalcin gene expression, and the number of Von Kossa-positive bone nodules. Treatment of osteoprogenitors with BMP-2, at all concentrations tested, and doxycycline, at 10 and 50  $\mu$ M, significantly increased the number of mineralized bone nodules and coincided with expression of osteocalcin. In conclusion, doxycycline at 10 and 50  $\mu$ M had similar stimulatory osteoinductive effects as BMP-2 and could thus be considered as an alternative agent to BMP-2.

**†In Memory of Dr. Colterjohn, a Talented and Supportive Colleague who we lost during the Final Stages of this Project**

## INTRODUCTION

Bone is a highly organized tissue composed of different types of cells, interacting in an organic matrix of mineralized hydroxyapatite and amorphous calcium phosphate crystals [1]. The principle bone-forming cells are the osteoblasts which are derived from mesenchymal stem cells. Mesenchymal stem cells have been isolated from periosteum, cancellous bone, cortical bone and bone marrow [2, 3]. Osteoblastogenesis, the differentiation of preosteoblasts to the terminally differentiated osteoblastic phenotype, can be divided into three stages, namely proliferation, matrix development, and maturation and mineralization. The markers most frequently used to follow the differentiation process of osteoblasts include type I collagen, alkaline phosphatase (ALP), and osteocalcin (OCN). In general, the markers type I collagen and ALP are considered early markers of osteoblastogenesis, while OCN, which is closely associated with mineralization, is considered an advanced marker [4] and specific to bone [5]. The most reliable indicator of differentiation of osteoprogenitors to the terminal osteoblastic phenotype is mineralization [6].

Bone morphogenetic proteins (BMPs) play critical roles in osteoblast differentiation. BMPs belong to the transforming growth factor superfamily and act to differentiate early osteoblastic cells to the non-dividing terminally

differentiated phenotype *via* a Smad-mediated pathway [7]. BMP-2 specifically has been shown to induce osteoblast differentiation [8-10]. In numerous clinical studies, BMP-2 has been demonstrated to stimulate the differentiation of osteoprogenitors and is employed as an effective alternative to autogenous bone graft, which, although the current gold standard for bone repair, is also associated with significant clinical morbidity at the donor site [11-14].

Tetracyclines, a well-characterized family of antibiotics, may have specific therapeutic value in the treatment of bone diseases, since they have tremendous affinity for mineralized bone matrix. Tetracyclines have been shown to restore or maintain bone; in diabetic and ovariectomized rats, minocycline can prevent cancellous bone loss by both inhibiting bone resorption and increasing osteoblastic activity [15-18]. We have previously shown that doxycycline decreases tumor burden in a mouse model for human breast cancer bone metastasis and increases bone formation parameters, such as osteoid volume, osteoid surface and number of osteoblasts per bone surface [19]. Doxycycline has also been shown to inhibit bone degradation in human periodontal disease [20] and to reverse the effects of ovariectomy on load causing fracture of the femoral neck in mice [21]. Doxycycline-loaded biodegradable tissue regenerating membranes inserted into bone defects in a canine model have been shown to increase bone parameters, such as height and area, significantly when compared to non-treated membranes [22].

In this study, we comparatively investigated the effects of BMP-2 and doxycycline on the differentiation of human

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osteoprogenitor cells isolated from human cancellous bone from the femoral neck using ALP activity, expression of OCN, and mineralization as markers of osteoblast differentiation.

## MATERIALS AND METHODOLOGY

### Reagents

Standard medium (SM) consisted of alpha minimal essential medium ( $\alpha$ -MEM) supplemented with antibiotics/antimycotics (100 units/ml penicillin sodium, 100  $\mu$ g/ml streptomycin sulfate and 0.3  $\mu$ g/ml amphotericin B, and 50  $\mu$ g/ml gentamycin), L-glutamine (200 mM) and 10% Fetal Bovine Serum (FBS). Osteogenic medium (OM) consisted of SM supplemented with 10 mM  $\beta$ -glycerophosphate and 50  $\mu$ g/ml L-ascorbic acid (Sigma-Aldrich, Oakville ON, Canada) to contain the minimum requirements for differentiation to osteoblastic phenotype. All tissue culture media and reagents were obtained from Invitrogen Life Technologies (Burlington, ON, Canada). Recombinant human BMP-2 (R&D systems, Minneapolis, MN) was dissolved in filter-sterilized 4 mM hydrochloric acid containing 0.1% bovine serum albumin (Sigma-Aldrich) at a concentration of 10  $\mu$ g/ml and stored at -20 °C. OM containing 1, 10 or 100 ng/ml of BMP-2 was prepared freshly. Doxycycline (Sigma-Aldrich) was prepared as a 5 mM stock solution using filter-sterilized distilled water. This stock solution was used to prepare OM containing 10, 50 and 100  $\mu$ M doxycycline, which were prepared freshly each time.

### Cell Isolation and Primary Cell Culture

Human cancellous bone was harvested from the femoral neck of total hip replacement surgery patients (n=8, 5 women, 3 men, age=76.7  $\pm$  7.8). Patients provided signed consent and approval for this study was obtained from the Hamilton Research Ethics Board. Cells were isolated from cancellous bone chips (2-4 grams each). Bone samples were cut into 3x3 mm chips using bone cutters and rongeurs, washed twice with phosphate buffer saline (PBS) and placed in red blood cell lysis buffer (BioLegend, San Diego CA) for 15 min.

Bone chips (1 g total) were placed in 50 ml Falcon tubes and 3 ml of collagenase (2000 units/ml; Invitrogen Life Technologies) was added and allowed to incubate for 10 min at 37 °C. The collagenase was replaced with 6 ml of fresh collagenase solution and incubated for 2 h and 30 min after which the remaining bone chips were filtered out of solution using a 0.5 mm sieve. The cell suspension was centrifuged for 7 min at 1500 rpm. The supernatant was aspirated and replaced with 2-4 ml of SM and the number of cells was determined using a hemocytometer. Cells were grown for 9 days in SM to reach 70% confluence (2.5 x 10<sup>6</sup> cells per T75 flask). Media was changed 3 times per week and cells were maintained at 37 °C in a humidified atmosphere with 5% CO<sub>2</sub>. On day 9, cells were detached with 0.05% trypsin. Cells were then plated at a seeding density of 2 x 10<sup>5</sup> cells per well in a 6-well plate in OM containing BMP-2 or doxycycline. BMP-2 concentrations used were 1, 10 and 100 ng/ml, whereas doxycycline was used at endconcentrations

of 10, 50 and 100  $\mu$ M in the medium. SM was used as a negative control (no addition of osteoinductive factors). OM alone was also used as a control.

### Alkaline Phosphatase Activity and Staining

Cell cultures were processed for alkaline phosphatase activity after one and eight days of treatment with BMP-2 or doxycycline. Intracellular ALP activity was measured using the Enzolyte pNPP colorimetric kit from AnaSpec using cell lysate samples. Briefly, cells were washed three times using PBS, and lysed using 500  $\mu$ l of lysis buffer containing 0.5% Triton X-100 and three freeze-thaw cycles. Lysates were also prepared from cells grown in OM and SM as controls. Fifty  $\mu$ l of sample or standard (calf intestine alkaline phosphatase at concentrations ranging from 0.00128 ng/ml to 0.2  $\mu$ g/ml) was added to a well of 96-well plate containing 50  $\mu$ l of *p*-nitrophenyl phosphate assay buffer. After 30-min incubation at 37 °C, the absorbance at 405 nm was measured using a PowerwaveXS (Biotek) microplate spectrophotometer. Protein in the cell lysates was determined using the micro BCA kit (Pierce). Data were expressed as a ratio of ALP activity per  $\mu$ g of protein and performed in duplicate (mean  $\pm$  SEM).

Alkaline phosphatase staining was performed according to the Fast Blue RR protocol from the alkaline phosphatase kit (Sigma-Aldrich) using cells fixed in warm citrate-buffered acetone (60%) for 30 seconds.

### Reverse Transcriptase-Polymerase Chain Reaction (RT-PCR)

Total RNA was isolated after one and eight days from treated and control cells cultured in a 6-well plate using the Qiagen RNeasy Mini Kit (Qiagen, Mississauga, ON Canada) according to the manufacturer's instructions. Complementary DNA (cDNA) was made using a Superscript III RT-PCR kit (Invitrogen Life Technologies) with 500 ng of total RNA using random primers. One  $\mu$ l of RNase H was added and incubated for 20 min at 37 °C. OCN primers (Sigma-Aldrich) have been used in various other studies [18-20]. The primer sequences used were: forward 5'ATGAGA GCCCTCACACTCCTC'3 and reverse 5'GCCGTAGAAGC GCCGATAGGC'3 to generate a 297 base pair (bp) PCR-product.

Sense and antisense primers (0.2  $\mu$ M) were mixed with PCR buffer (0.2 mM dNTP mix, 1 mM MgCl<sub>2</sub>) 2  $\mu$ l cDNA and 0.04 units Taq DNA polymerase (Invitrogen Life Technologies) in a final volume of 50  $\mu$ l. The PCR reaction was performed in a thermal cycler (PerkinElmer, Waltham MA) for 45 cycles. Conditions were denaturation at 94 °C for 15 s; annealing at 65 °C for 30 s; and extension at 72 °C for 30 s. Expression of glyceraldehyde-3-phosphate dehydrogenase (GAPDH) served as a control. The primer sequences were sense 5'ATGTTCCAATATGATTCC'3 and antisense 5'ACGATACCAAAGTTGTCA'3 (Sigma-Aldrich) to generate a 375 bp PCR product. The PCR conditions were 35 cycles of denaturation at 94 °C for 15 s, annealing at 55 °C for 30 s and extension at 72 °C for 30 s. PCR products were resolved by electrophoresis in a 1.2% agarose gel containing 0.5  $\mu$ g/ml ethidium bromide.

**Von Kossa Staining**

After eight days of treatment with either BMP-2 or doxycycline, cell cultures were processed for Von Kossa staining to assess mineralized bone nodule production following the protocol by Bhargava *et al.* [23]. The bone nodules were analyzed under a phase-contrast microscope for mineralization. Using an England Finder Graticule (Ted Pella Inc., Redding CA), the number of nodules with a diameter equal to or greater than 25 μm was determined.

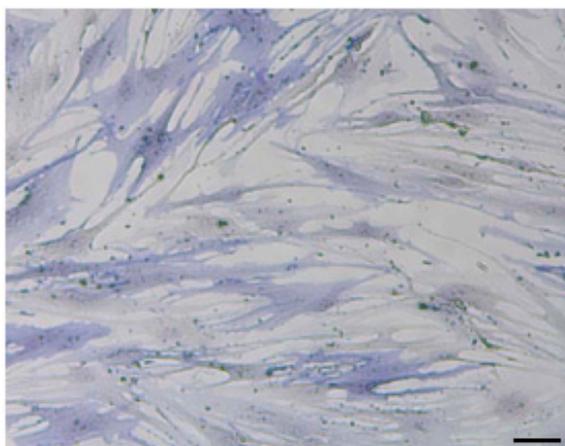
**Statistical Analysis**

The mineralization and alkaline phosphatase activity data were tested for statistical differences using one-way ANOVA followed by post-hoc Dunnett’s test using Minitab

14 software . Differences between means were considered significant at  $p < 0.05$ .

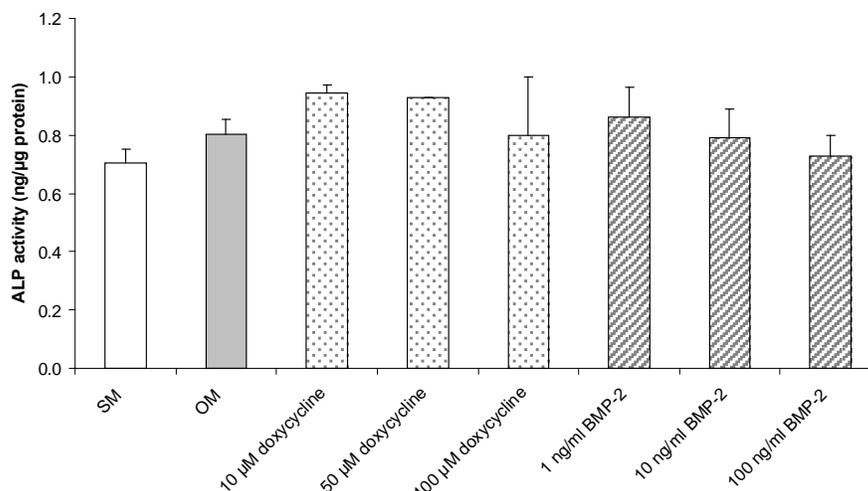
**RESULTS**

Human cancellous bone from the femoral neck of total hip replacement surgery patients (n=8) using collagenase yielded on average  $4.99 \pm 0.92$  million osteoprogenitor cells per gram of bone. When the osteoprogenitor quality of the cells was assessed, we found that cells isolated from all eight donors stained positive for alkaline phosphatase (Fig. 1), an early marker for osteoblasts [4]. ALP activity was also measured using cell lysates from osteoprogenitor cells after one and eight days of treatment with either BMP-2 or doxycycline using *p*-nitrophenyl phosphate as a substrate. Treatment with 10 and 50 μM doxycycline for 1 day led to



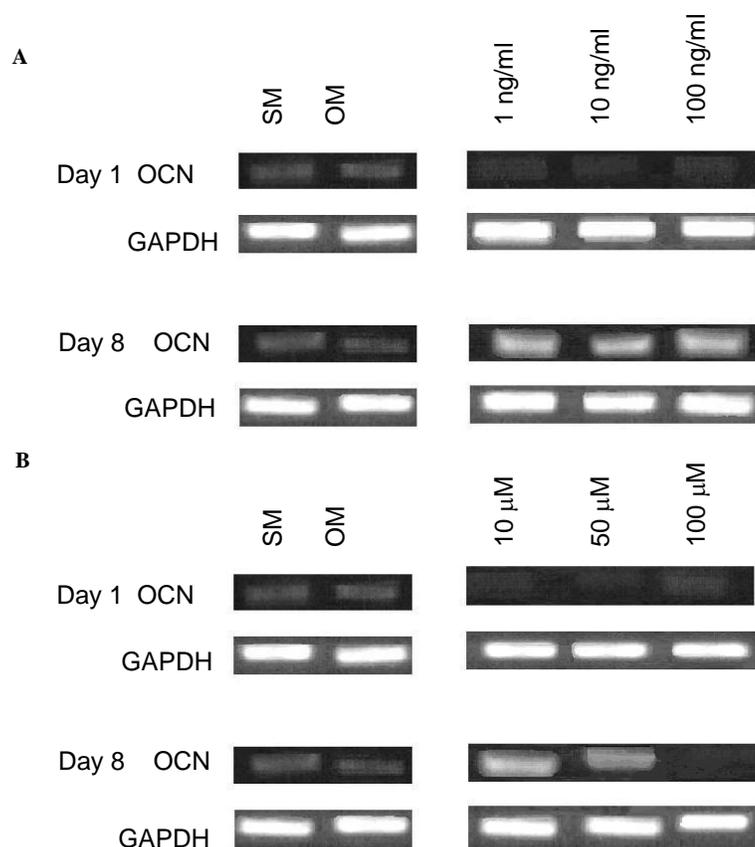
**Fig. (1). Alkaline phosphatase staining of human osteoprogenitors.**

Micrograph of alkaline phosphatase-stained human osteoprogenitor cell culture. Osteoprogenitor cells, isolated using collagenase and expanded for 9 days in standard medium were plated at a density of  $2 \times 10^5$  cells per well of a 6-well plate and cultured for an additional eight days in osteogenic medium. (Magnification, 100x; scale bar = 60 μm).



**Fig. (2). Alkaline phosphatase activity.**

The activity of alkaline phosphatase after treatment with bone morphogenic protein-2 (BMP-2) or doxycycline was determined. Human osteoprogenitor cells were isolated from femoral neck using collagenase digestion. After expansion for 9 days in standard medium (SM), cells were plated at a density of  $2 \times 10^5$  cells per well of a 6-well plate and incubated for one day in the presence or absence of BMP-2 or doxycycline at different concentrations. The alkaline phosphatase activity in the cell lysates was determined using *p*-nitrophenol phosphate as a substrate and calculated using a calf intestine alkaline phosphatase standard curve and adjusted for total protein content. Results represent data obtained from at least two independent experiments carried out in duplicate. Data after treatment were not statistically significantly different from OM alone by one-way ANOVA.



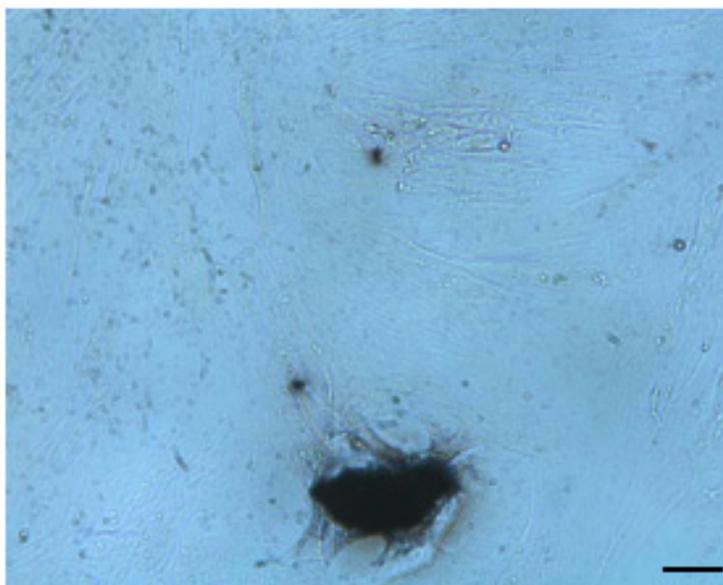
**Fig. (3). Osteocalcin expression.**

Expression of osteocalcin (OCN) as determined by reverse transcriptase-polymerase chain reaction (RT-PCR) in human osteoprogenitor cell cultures after treatment with bone morphogenic protein-2 (BMP-2) (A) or doxycycline (B) at various concentrations. Human osteoprogenitor cells, isolated using collagenase digestion and expanded for 9 days in standard medium (SM), were plated at a density of  $2 \times 10^5$  cells per well of a 6-well plate. After one and eight days, total RNA was extracted from the cells and amplified by RT-PCR. The controls included cells cultured in osteogenic medium (OM) and SM, and glyceraldehyde-3-phosphate dehydrogenase (GAPDH) served as control for housekeeping gene expression. Amplified products were separated by agarose gel electrophoresis. OCN was run for 45 cycles; GAPDH for 35 cycles. Results show one typical experiment of three independent experiments performed.

an increase in the amount of ALP activity of 18 and 15% respectively, when compared to control OM (Fig. 2). One-way ANOVA test did not show significance ( $p=0.54$ ), likely due to insufficient numbers of cells and independent experiments. BMP-2 did also not change ALP activity significantly ( $p=0.69$ ). At 1 ng/ml of BMP-2, the amount of ALP activity amounted to 107.4% of control OM. The ALP activity obtained after eight days of treatment (data not shown) was several fold lower than after one day, indicative of ALP being an early marker.

To further determine differentiation of the human osteoprogenitor cells into the mature osteoblastic phenotype, OCN expression was analyzed by RT-PCR. On day 1 and 8 in control groups and day 1 of treatment, negative to weak OCN expression was observed. On day 8 of treatment with BMP-2, expression of OCN was observed at all concentrations (Fig. 3A). On day 8 of doxycycline treatment, OCN was also expressed at the low doxycycline concentrations of 10 and 50  $\mu\text{M}$ . However, cells treated with 100  $\mu\text{M}$  doxycycline showed no expression for OCN (Fig. 3B).

Osteoprogenitor cells were cultured in the presence or absence of BMP-2 or doxycycline in OM for eight days to investigate their effects on bone formation. After staining with Von Kossa, mineralized nodules were microscopically visualized as having a solid black core (Fig. 4). Nodules with a yellow-brownish core representing unmineralized osteoid were also observed (data not shown), but were not included in the counts. Cells grown in the absence of  $\beta$ -glycerophosphate and ascorbic acid did not show high mineralization activity. The average number of nodules produced by the osteoprogenitor cells in SM amounted to  $36.4 \pm 2.6$ . Treatment with BMP-2 (Fig. 5) significantly affected the number of mineralized bone nodules when compared to control OM by one-way ANOVA ( $p<0.001$ ). BMP-2 at 1, 10 and 100 ng/ml increased the number of mineralized bone nodules by 42%, 83% and 52% over OM alone, respectively. At 10 ng/ml, BMP-2 produced the highest number of nodules. Dunnett's post-hoc tests showed that the difference between the means was significant for all means compared to OM (1 ng/ml:  $p<0.05$ ; 10 ng/ml:  $p<0.001$ ; 100 ng/ml:  $p<0.005$ ). Similarly, one-way ANOVA showed that doxycycline treatment resulted in significant



**Fig. (4). Von Kossa-stained mineralized nodule.**

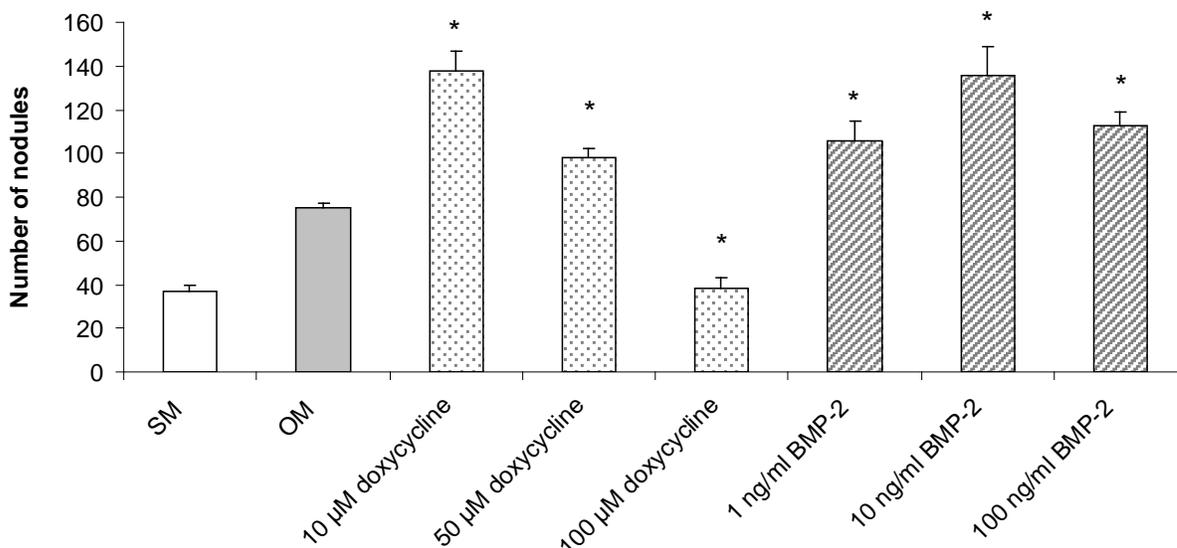
Micrograph of mineralized bone nodule stained with Von Kossa. Osteoprogenitor cells, isolated using collagenase and expanded for 9 days in standard medium were plated at a density of  $2 \times 10^5$  cells per well of a 6-well plate and cultured for an additional eight days in osteogenic medium. (Magnification, 100x; scale bar = 60  $\mu$ m).

differences ( $p < 0.001$ ) in mineralization of the osteoprogenitor cells. Doxycycline at 10  $\mu$ M and 50  $\mu$ M significantly increased the number of mineralized bone nodules (post-hoc Dunnett’s test  $p < 0.001$  and  $p < 0.05$ , respectively) when compared to untreated control cells. The increases in the bone nodules induced by 10  $\mu$ M and 50  $\mu$ M doxycycline amounted to 86% and 32%, respectively. Doxycycline at 100  $\mu$ M decreased the nodule formation

when compared to control OM. The effects of BMP-2 and doxycycline on the formation of mineralized nodules coincided with OCN expression.

**DISCUSSION AND CONCLUSION**

The isolation of osteoprogenitors from cancellous bone, including from the femur, is widely accepted [2, 24, 25]. In this study, we used human cancellous bone harvested from



**Fig. (5). Bone nodule formation.**

The number of mineralized nodules after eight days of treatment with bone morphogenic protein-2 (BMP-2) or doxycycline was determined. Human osteoprogenitor cells were isolated from femoral neck using collagenase digestion. After expansion for 9 days in standard medium (SM), cells were plated at a density of  $2 \times 10^5$  cells per well of a 6-well plate and incubated for eight days in the presence or absence of BMP-2 or doxycycline at different concentrations. The number of mineralized nodules stained with Von Kossa, with a diameter of  $>25 \mu$ m, was determined. Results represent data obtained from three independent experiments. \* Statistical differences were determined using a one-way ANOVA followed by post-hoc Dunnett’s test comparing treatment to OM ( $p < 0.05$ ).

the femoral neck digested with collagenase and generated a large number of osteoprogenitor cells with cell yields in the same order of magnitude as reported elsewhere [24, 26]. Enzymatic digestion of trabecular bone has been shown to yield a relatively homogeneous osteoblastic cell population, likely due to the fact that collagenase digestion removes a substantial amount of the connective tissue components [27]. Due to availability and practicality, human bone, whether cancellous or cortical, appears to be most ideal when compared to the alternatives, periosteum and bone marrow aspirates. Cells derived from the periosteum have been shown to possess the highest proliferative capacity and the highest ALP activity when compared to cells obtained from cortical and cancellous bone [2], however, the periosteum is not practical to harvest and the cells appear to dedifferentiate earlier *in vitro* than cells isolated from cancellous bone [2]. It has been demonstrated that the osteoprogenitors isolated from cancellous bone possess characteristics of mesenchymal stem cells and the potential to differentiate into osteoblasts, chondrocytes and adipocytes [25, 28]. The femoral neck as a harvesting site is invasive. In our research environment, however, femoral neck samples were readily available through regularly scheduled total hip replacement surgeries without additional morbidity to the patient donor. Cancellous bone from the iliac crest would constitute a less invasive site and has also been shown to be a good source of osteoprogenitors [25].

Both BMP-2 and doxycycline stimulated osteoblastic differentiation of the osteoprogenitors. BMP-2 at all concentrations (1, 10 and 100 ng/ml) increased the number of bone nodules significantly by 42-83% over control OM alone. Similarly, using bone nodule formation by fetal rat mandibular cells, BMP-2 has been demonstrated to increase bone nodule formation at 50 ng/ml by more than 2-fold. When dexamethasone is also added, the increase is even more pronounced [29]. In our study, we refrained from the use of dexamethasone, which has been controversial and could mask the effects induced by BMP-2 or doxycycline. We also determined that BMP-2 was able to induce expression of OCN in the human osteoprogenitor cells. Our data are consistent with results obtained using human bone marrow stromal cells, where BMP-2 at concentrations between 1-100 ng/ml dose-dependently increases ALP activity. BMP-2, at 100 ng/ml, also increases ALP mRNA expression and OCN protein expression [30].

Doxycycline at the lower concentrations of 10 and 50  $\mu\text{M}$  increased the number of mineralized bone nodules by 86% and 32%, respectively. However, at the highest concentration of doxycycline tested, 100  $\mu\text{M}$ , the number of nodules decreased when compared to OM alone. Doxycycline, at concentrations of 10 and 50  $\mu\text{M}$ , also induced expression of OCN, whereas no OCN expression was observed in the controls. Other *in vitro* and *in vivo* studies have described the beneficial properties of doxycycline on bone formation [19, 31]. Using a different culture system, namely osteoblastic cell cultures differentiated from human bone marrow in the presence of dexamethasone, it has been found that doxycycline at concentrations of 2 and 10  $\mu\text{M}$  enhances deposition of minerals, as assessed semiquantitatively. At 10 and 20  $\mu\text{M}$ , doxycycline also significantly increases ALP activity, but only after 21-35 days of culture which is after the ALP activity in the control cultures has peaked [31]. In

these longterm cultures established from bone marrow, Gomes and Fernandes observe significant cytotoxicity after 7-35 days of treatment with doxycycline at concentrations of 48  $\mu\text{M}$  and higher [31]. While we did not measure cytotoxicity directly, we did not observe differences in the total protein content of treated cells as compared to controls. Moreover, cytotoxicity has not been reported for the lowest concentration of doxycycline used.

We demonstrated in this study that BMP-2, at all concentrations tested, and doxycycline, at low concentrations, similarly stimulated osteoblast differentiation as determined by osteocalcin expression and mineralization. This study is the first to show that doxycycline can stimulate osteoprogenitors derived from human cancellous bone towards differentiation of the osteoblastic phenotype *in vitro* which may account for its beneficial effects on bone formation observed in several different models. Furthermore, there was no distinguishable difference in nodule colony morphology between both treatment groups, which suggests that doxycycline treatment may trigger similar endpoint mineralization patterns to BMP-2 *in vitro* irrespective of its actual mechanistic action. BMPs, including BMP-2, have been shown to induce osteoblast differentiation [8-10]. Clinically, BMP-2 has been shown to stimulate the differentiation of osteoprogenitors and is employed to promote bone healing [11-14]. However, human recombinant BMP-2 is costly and side effects may include local swelling, erythema, and immune response [13]. BMPs act on a wide range of body tissues in a variety of manners, which are not well understood. Tetracyclines have been safely employed for decades as antibiotics, even though gastrointestinal concerns have always been present. Subantimicrobial doses of doxycycline (40 mg) are used to treat periodontitis and facial acne and are safe for use [32]. Pharmacological concentrations of doxycycline in serum reach  $\sim 1 \mu\text{M}$  at steady-state [33], levels that can be expected to be several fold higher in bone, as tetracyclines have long been shown to accumulate in the bone [34].

Therefore, even though BMP-2 is a successful stimulatory factor for osteoblast differentiation and the current clinical gold standard, doxycycline appears to be an equally efficacious alternative *in vitro*. Our study suggests that doxycycline could be considered as a viable alternative for the differentiation of osteoprogenitors into mature osteoblasts with the ability to form bone and therefore has significant clinical potential.

## ACKNOWLEDGEMENTS

This research is supported by the Canadian Institutes of Health Research, Ottawa ON, Canada to GS.

## ABBREVIATIONS

ALP	= Alkaline Phosphatase
BMP	= Bone Morphogenetic Protein;
GAPDH	= Glyceraldehyde-3-phosphate dehydrogenase
OCN	= Osteocalcin
OM	= Osteogenic Medium
PBS	= Phosphate-buffered saline

RT-PCR= Reverse transcriptase-polymerase chain reaction

SM = Standard Medium

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Received: August 16, 2008

Revised: September 10, 2008

Accepted: January 09, 2009

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