

Introduction of an Automated System for the Diagnosis and Quantification of Hepatitis B and Hepatitis C Viruses

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Abstract: Hepatitis B virus (HBV) and Hepatitis C virus (HCV) infections pose major public health problems because of their prevalence worldwide. Consequently, screening for these infections is an important part of routine laboratory activity. Serological and molecular markers are key elements in diagnosis, prognosis and treatment monitoring for HBV and HCV infections. Today, automated chemiluminescence immunoassay (CLIA) analyzers are widely used for virological diagnosis, particularly in high-volume clinical laboratories. Molecular biology techniques are routinely used to detect and quantify viral genomes as well as to analyze their sequence; in order to determine their genotype and detect resistance to antiviral drugs. Real-time PCR, which provides high sensitivity and a broad dynamic range, has gradually replaced other signal and target amplification technologies for the quantification and detection of nucleic acid. The next-generation DNA sequencing techniques are still restricted to research laboratories.

The serological and molecular marker methods available for HBV and HCV are discussed in this article, along with their utility and limitations for use in Chronic Hepatitis B (CHB) diagnosis and monitoring.

Keywords: DNA-HBV, Real-time, genotyping, RNA-HCV, TMA, serological markers.

1. HBV (HEPATITIS B VIRUS)

Hepatitis B virus (HBV) infection is a global health problem; approximately 2 billion people in the world have been infected by HBV, and more than 350 million are chronic carriers of the virus. HBV infection accounts annually for 1 million deaths worldwide from cirrhosis, liver failure, and hepato cellular carcinoma [1,2]. The infection is present mainly in countries in the Middle-East and South-East Asia, sub-Saharan Africa, Central and South-America, and Eastern Europe with a population prevalence of >8% [1]. Over the last twenty years, a migratory flow has been taking place from these countries to industrialized countries (the USA and Western Europe) with an increase of some infectious diseases (HIV, TB, viral hepatitis) [3,4].

Human HBV is a member of the Hepadnaviridae family and humans and higher primates are the only hosts for HBV infection. The intact virion comprises the viral DNA surrounded by a nucleocapsid (core protein or antigen) and an outer layer comprising the HBV surface protein or antigen (HBsAg). The viral genome is a 3.2-kb partially double-stranded DNA with four overlapping reading frames (ORF). The viral genome encodes the viral polymerase (which includes the reverse transcriptase function), the core and surface proteins, and the non-structural proteins (HBV e antigen and X protein). The cccDNA (co-valently closed circular DNA), which acts as the major transcriptional template for the virus, is central to the durability of HBV infection and persists as an episome in infected hepatocytes.

It can persist after antiviral therapy and even after the apparent clearance of the infection [5].

Eight genotypes (A-H) of HBV have been identified based on nucleotide sequence divergences of at least 8%. HBV genotypes differ in their predominant geographical occurrence and also in their response to interferon therapy. Genotype A is the predominant genotype in the United States and is more responsive to interferon than genotype D which predominates in the Middle East and South Asia [6].

1.1. Serological Diagnosis

Serological HBV diagnosis can be accomplished by identifying virally-encoded antigens and their corresponding antibodies: HBsAg, anti-HBs, HBeAg, anti-HBe, and anti-HBc. (HBcAg does not circulate freely in the serum) [7]

Today, automated chemiluminescence immunoassay (CLIA) analyzers are gradually replacing the EIA and are widely used, particularly in high-volume clinical laboratories. They offer the great advantages of improved precision, reliability, technical simplicity, rapid turnaround time, high-speed throughput, and full automation [8-10].

B surface antigen (HBsAg) is a key marker for the screening and laboratory diagnosis of HBV infection and the first serological marker to appear during the course of HBV infection. HBsAg sensitivity depends on the detection threshold of immunoassays [8,9]. Newly-developed HBsAg assays show a performance increase in terms of specificity and sensitivity, allowing the detection of <0.15 ng/ml of HbsAg [10].

Because of the genetic diversity of HBV, the sensitivity of HBsAg assays may also be dependent on HBsAg antigenic variation, the most relevant mutations in the

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HBsAg gene are amino acid substitutions at positions 145, 141, and 131 in the major “a” determinant and insertions between amino acids 122 and 123. In fact, some HBsAg mutants that emerge after selection by immune pressure can escape detection by commercial HBsAg assays. In addition, there is natural heterogeneity in HBV due to genotype and subtype diversity. To ensure high sensitivity and reduce the risk of false negative results, immunoassays must be able to detect the most commonly found viral mutants [11-13].

1.1.1. qHBsAg Assays

In addition to its use as a qualitative marker, recent innovations have allowed for the quantitative assessment of HBsAg (qHBsAg) in serum. The clinical relevance of HBsAg levels is derived from its correlation with intrahepatic HBV co-valently closed circular (ccc) DNA, the main replicative template of HBV [2,3]. Through this association, serum HBsAg is hypothesized to be a marker for immunological response to therapy, independent of virological response as measured by HBV DNA levels [14].

Currently, multiple diagnostic assays are available for quantification of HBsAg. The most widely used is the Architect assay, but HBsAg quantification may also be performed using the Elecsys platform (HBsAg Quant Package Insert, Roche Diagnostics 2011) [15-17].

1.1.2. AgHBcr

The measurement of serum HBV core antigen (HBcAg) levels has been problematic because it is localized to the infected hepatic tissues and not released into the blood. A new assay was developed for measuring HBV core-related antigen (HBcrAg), which consists of a core, e antigen (HBeAg), and the precore HBV proteins (22-kD precore fragment, amino acids 28-150); HBcrAg levels correlated well with HBV DNA levels [15]. A recent study showed that the serum HBcrAg concentration was related to the level of intrahepatic cccDNA [16]. Until recently, and for more than a decade, only 1 commercial qHBsAg assay was available [15].

1.2. Molecular Markers

Measurement of HBV levels in serum is a reliable marker for the prognosis of acute and chronic infection and allows one to predict the success of antiviral therapy as well as to identify the development of drug resistance [18-21].

Clinical practice guidelines for the management of chronic hepatitis B [22], recommend the quantification of HBV DNA in the initial evaluation of chronic hepatitis B and during management, particularly in the decision taken to initiate treatment and in therapeutic monitoring. High-sensitivity molecular assays are clearly important for the diagnosis of HBeAg- CHB and occult HBV, where viral loads can be quite low.

Four types of molecular assays are available for the diagnosis and management of HBV infection: quantitative viral load tests, genotyping assays, drug resistance mutation tests, and core promoter/precure mutation assays [23].

1.2.1. Molecular Tests for HBV Quantification

Several hybridization and amplification-based methods have been described for HBV DNA quantitation. First-

generation assays for HBV DNA quantification in peripheral blood (usually serum or plasma) were based on solution hybridization technology (this assay was relatively insensitive -approximately 5.0 log₁₀ copies/ml, and its linearity ranged from 5.0 to 10.0 log₁₀ copies/ml. The adaptation of advanced molecular technologies, such as signal and target amplification, led to the development of second-generation assays with enhanced sensitivity (as low as 200 copies/ml) [24,25].

1.2.1.1. Hybridization Methods: Hybrid Capture Technology and the Branched DNA Assay

HBV-DNA is hybridized with a HBV RNA probe. The DNA-RNA hybrids are immobilized onto a microtiter plate using anti-DNA-RNA antibodies. Antihybrid antibodies conjugated to an enzyme are used for detection in combination with appropriate chemiluminescent substrates [23,24].

For the branched DNA (bDNA) assay, HBV-specific probes are used to capture HBV DNA in the sample on the microtiter plates. Subsequently, extender probes, bDNA and dioxetane substrate, are used for detection and the bDNA molecules serve as signal amplification molecules [23,25].

1.2.1.2. Target Amplification Methods

1.2.1.2.1. Quantitative-competitive PCR

For quantitative-competitive PCR (Amplicor HBV MONITOR[®] [Roche Diagnostics, NJ, USA]), an internal standard (IS) is co-amplified with HBV DNA in the sample - a non-nested PCR. Serial dilution is conducted and the PCR product is separately hybridized with HBV-specific or IS-specific probes on a microtiter plate. The hybridized PCR product is detected colorimetrically and the HBV DNA concentration in the sample is determined based on the ratio of HBV specific and IS-specific signals. The sensitivity of this assay can detect as few as 200 copies/ml [23,26].

1.2.1.2.2. Real-time PCR

The latest generation HBV quantification assays utilize real-time PCR and have improved analytical performance characteristics, including low limits of detection, ability to quantify the wide range of HBV DNA concentrations that occur in patients, and excellent precision. It's the method recommended in the current American Association for the Study of Liver Diseases (AASLD) guidelines [22].

Quantification by real-time PCR is based on the determination of the threshold cycle (*TC*) when the amplified product is detected for the first time and the PCR is still in the exponential phase.

In order to ensure comparability between the assays, HBV DNA levels should be universally reported in IU/ml, which have been calibrated using the World Health Organization (WHO) international standard for HBV DNA [22]. In therapeutic HBV monitoring, a more sensitive assay with a lower limit of detection (LLOD) of 10 IU/ml is recommended for early detection of viral rebound. In addition, the assay employed should equally quantify all HBV genotypes. HBV DNA assays need further improvement to increase their upper limit of quantification (LLOQ) clinicians frequently encounter patients (particularly

those who are immunotolerant) with levels of HBV DNA much higher than 10^8 IU/mL [20,21].

The real-time PCR assays typically incorporate robotic automation, making them attractive for high-throughput laboratories. These techniques decrease the potential for cross-contamination by assay-generated amplicons due to the closed-tube nature of the assays; they also use dUTP/uracil-N-glycosylase in the master mixture, further decreasing the theoretical risk of contamination caused by the amplification tube being compromised [27,28].

Commercially available quantitative assays use a variety of different detection methods and are summarized in Table 1.

Additionally, several in-house quantitative assays for HBV-DNA have been developed, based mostly on real-time PCR methodology, showing remarkable sensitivity and a wide linear quantification range [29], with an ultra-sensitive in-house RTQ-PCR performed in a LightCycler[®] 2.0 instrument (Roche, Molecular Biochemicals, Mannheim, Germany). The new assay showed improved sensitivity of 22 and 8 IU/mL as 95% and 50% detection end-points.

1.2.2. HBV Genotyping Methods

Several genotyping methods have been described, based mainly on sequencing, restriction fragment length polymorphism (RFLP), PCR with genotype-specific primers, line probe assay, or real-time PCR [30-33].

1.2.2.1. Sequencing and Phylogenetic Analysis

The most accurate method for hepatitis B virus (HBV) genotyping [34,35] is based on phylogenetic analysis following DNA sequencing of the entire viral genome, often restricted to the S gene [36]. This is the gold standard of HBV genotyping, the technique is highly sensitive and allows the detection of new and recombinant genotypes, but it is considered to be technically challenging, time-consuming, and costly; and cannot be used in large-scale

studies. Furthermore, in the case of multiple-genotype infection, only the most abundant genotype is identified [36].

A commercial direct-sequencing assay kit is available (TRUGENE HBV Genotyping Kit; Siemens Medical Solutions Diagnostics, NY, USA). Both genotypes and HBV sequence mutations can be detected in plasma or serum specimens, simultaneously [37]. TRUGENE1 HBV Genotyping Assay (RUO). Siemens Medical Solutions Diagnostics, Tarrytown, NY, USA. Information available at: <http://www.medical.-siemens.com> (accessed June 2010).

1.2.2.2. INNO-LiPA

A commercially available reverse-hybridization-based line probe assay (INNO LiPA HBV Genotyping assay, LiPA) is easy to perform and is also suitable for detecting mixed genotype infections [38,31]. HBV DNA is amplified by PCR using biotinylated primers complementary to a conserved sequence in the S/pre-S ORF.51. The overall success rate for the detection of all eight HBV genotypes by this method was 98%. INNO-LiPA overestimates mixed infections as a result of erroneous genotype H detection [39].

1.2.2.3. Restriction Fragment Polymorphism (RFLP)

A PCR-RFLP-based (usually gen S amplification) method that involves successive digestion of amplicon with a battery of restriction enzymes to discriminate the individual genotypes. It is a simple and cost-effective method which can detect mixed genotypes. It can also determine subgenotypes and can be used in large population studies [40].

1.2.2.4. Multiplex PCR

A multiplex PCR method to identify genotypes using genotype-specific primers in two reactions based on core/surface/polymerase region. Multiplex PCR had a higher accuracy (93.2%) compared to the RFLP method (87%). This method can detect mixed genotypes while having sufficient sensitivity for detecting minor species as low as 10% [41].

Table 1. Commercial Assays for HBV DNA Quantitation

Methods	Lower Limit of Detection (LLD)	Automation
Hibridizations methods		
Hybrid capture Ultrasensitive hybrid capture II (Digene, MD, USA)	8x10 ³ copies/mL	Semiautomated
Branched DNA VERSANT hepatitis B virus DNA 3.0 (Bayer Healthcare LLC, NY, USA)	3,3x10 ³ copies/mL	
Convencional PCR		
PCR COBAS Amplicor HBV Monitor	2x10 ² copies/mL	Semiautomated
Real Time		
Abbott PCR (Abbott, Weisbaden, Germany)	10 IU/mL for 500ul 15 IU/ml for 200ul	Automated
Smart HBV TM (Cepheid,		Automated
Real Art HBV (Artus GmbH, Hamburg, Germany)	10.2 IU/mL	Automated
COBAS AmPliprep (Roche Diagnostics, NJ, USA; with total nucleic acid isolation)	20 IU/mL	Automated
Cobas TaqMan HBV (Roche Diagnostic)	6-10 IU/mL	Automated
Aptima HBV Quantitative assay (Gen-Probe, San Diego, CA)	Available in 2012	

The lower limits of detection of these systems were established against the WHO international standards for HBV DNA. Probit analysis showed the LLODs of the at 95% CI. Of these methods, only real-time PCR is able to cover the wide dynamic range required for quantification of the virus in all stages of infection - 10 to 109 IU/mL [7,23,28].

This method may be useful for HBV genotyping in large-scale clinical and epidemiological studies. The simplicity and rapidity of this PCR assay may reduce the cost and complexity of recognizing these genotypes. Detection sensitivity for this assay was approximately 100-200 copies/mL of blood.

1.2.2.5. Serological Subtyping

In this method, HBV serotypes or subtypes are recognized using antibodies against HBsAg. In an enzyme immunoassay format, they are more cost-effective, easy to perform, and have higher throughput. This method is suitable for large epidemiological studies and population screening [41].

1.2.2.6. Genotyping by Mass Spectrometry

The MassARRAY system based on nucleic acid analysis by matrix-assisted laser desorption ionization time-of-flight mass spectrometry (MALDI-TOF MS) provides an alternative approach to HBV genotyping. The MALDI-TOF MS MassARRAY system is capable of detecting wild-type and mutant alleles and can identify mixes if the minority type is present at >10%. This technology is less costly and easy to use as it is amenable to automation and has already found application in other disease evaluations [42].

The assay is cost-effective because of its relatively high throughput, and it is approximately half the price of sequencing and is 15 times less expensive than InnoLipa. The assay is rapid, the technology allows the testing of 960 specimens a day without requiring any additional analysis, nor any data interpretation by the operator after the data collection is completed. It provides the opportunity to detect the presence of new sequence variants and automatically adds them to the reference database.

Other studies have reported the use of MALDI-TOF mass spectrometry for the determination of YMDD (tyrosine-methionine-aspartate-aspartate) mutations, which are linked to lamivudine drug resistance. In these studies, this method was found to be superior to DNA sequencing since it has a lower detection limit (100 copies/ml) and can also detect mutations in samples containing wild types [42].

1.2.2.7. Real-Time PCR

With the development of real-time PCR, several methods have been developed for HBV quantification and genotyping in a single reaction using real-time PCR with additional melting-curve analyses. In these assays, the first step involves the use of the real-time PCR for quantification whilst the second step involves melting curve analyses for differentiating the HBV genotypes. The melting temperature (T_m) value differs among different genotypes depending on the complement between probe and target, and/or GC-content, of the hybridization sequence [43,44]. The main disadvantage of this method is that it is less able to distinguish between genotypes having close proximity between their T_m values, such as A and C.

A new method has been developed for genotyping which makes use of the TaqMan real-time PCR in a multiplex manner this is to identify all genotypes without the need for

post-PCR steps. In this assay, each sample is processed in four multiplex real-time PCRs, each targeting two or three genotype-specific HBV segments. The assay is easy to use and therefore well-suited for routine application in the modern diagnostic laboratory [45].

The use of an absolute quantitative real-time PCR assay allows one to detect mixed infections of different genotypes. It would be useful to know what the relative concentrations are for genotypes B and C in the mixed infections [46].

Other methods, such as the Oligonucleotide microarray, can determine genotypes A-G. The amplified products are heat-denatured and added to silylated slides, to which genotype-specific probes are immobilized. Fifteen probes were designed, based on phylogenetic tree analysis and the alignment of 228 pre-S region sequences. Following washing and drying, fluorescence signals were captured using a scanner. Currently, DNA-Chip technology is not used routinely in the clinical laboratory although the potential is enormous. Besides the information relating to the HBV genotype, more sequence patterns related to antiviral resistance, or promoter sequence variation, can be located on a single chip. However, it should also be noted that an easy-to-use assay for this technology is not yet available and that the number of samples that can be analyzed is limited to between 8 and 12 per day [47,48].

2. HCV (HEPATITIS C VIRUS)

Hepatitis C virus (HCV) infection affects approximately 180 million people worldwide. Between 60 and 85 percent of these patients go on to develop chronic HCV infection and this is a major cause of liver-associated disease all over the world, often developing into liver cirrhosis, hepatic failure and hepatocellular carcinoma [49].

HCV belongs to the *Flaviviridae* family and its genome sequence contains a positive-strand RNA (with approximately 9600 nucleotides) with an open reading frame (ORF) encoding a polyprotein precursor of approximately 3033 amino acids [50]. The genomic organization of HCV consists of a 5' untranslated region (5' UTR) with an internal ribosome entry site, an open frame reading that encodes 10 proteins - a structural region including: the "core", the envelope (E1, E2, p7), 6 nonstructural proteins (NS): NS2, NS3, NS4A, NS4B, NS5A, NS5B and a 3' untranslated region (3' UTR) [51].

The HCV genome is highly heterogeneous: six HCV genotypes (1 to 6) have been described along with more than 80 distinct subtypes containing diversity in their worldwide distribution, transmission, severity of liver disease [52] and in their response to interferon/Ribavirin treatment [53]. Non-coding regions are relatively well-conserved but the envelope regions, especially HVR1, have the highest mutation rate [54].

Early diagnosis of active HCV infection is essential if there is to be any chance of a cure, either spontaneously or by antiviral therapy [55]. The tests available for the diagnosis and monitoring of HCV infection include indirect tests such as a serological test for antibody detection, or direct tests such as the detection of the core antigen or a molecular test.

2.1. Serologic Assays

The initial screening to investigate suspected HCV exposure is based on the detection of anti-HCV by the enzyme immunoassay (EIA) or chemiluminescence immunoassay (CLIA) of serum samples - this is because they are reproducible, inexpensive and perfectly automated [56]. Commercial EIA uses a mixture of recombinant proteins and synthetic peptide antigens from different HCV coding regions captured on microtiter plate wells [57]. Three generations of EIA have been developed in order to improve the sensitivity and specificity in immunocompetent patients [58] by the introduction of new HCV proteins, increasing the

reliability of the test and increasing the detection of anti-HCV at an earlier stage [59]. Third-generation commercial EIA uses recombinant NS4 proteins (C100-3), nonstructural regions (NS3 and NS4) with antigens from the core region and an NS5 [60]. The second and third generation assays in blood banks have dramatically reduced the incidence of post transfusion hepatitis [61].

CDC guidelines recommend a specific s/co ratio for each test that would predict a true antibody-positive result $\geq 95\%$ of the time, regardless of the characteristics of the population being tested; this is to decrease the number of the samples that need a confirmatory test [62]. See Table 2.

Table 2. Main Features of Commercial EIAs (Adapted from Kim *et al.* J Clin Microbiol 2008; 46: 3919-23)

Manufacturer	Analyzers	Core	NS3	NS4	NS5	Assay Format	Solid Phase	Labeled Substance	Sample Vol	Time of Reaction	Gray Zone	Signal-to-Cut-Off Ratio Predictive of a True Positive $\geq 95\%$ Time
Roche	Elecsys 2010 Cobas e 411 Cobas e 601 Modular analytics E170	Present	Present	Present	Absent	CLIA	Magnetic particle	Ruthenium complex	40	18	0.9-1.0	≥ 3.8
Abbott Laboratories	Architect i2000SR system	HCr43	HCr43	c100-3	Absent	CMIA	Paramagnetic particle	Acridinium	20	29	Not indicated	≥ 5.0
Ortho-Clinical Diagnostics	Vitros EciQ Vitros 3600 system Immunodiagnostic System	c22-3	c200	c200	Present	CLIA	Well	Luminal derivate	20	56	0.9-1.0	≥ 8.0
BioRad	UniCel DxI 800 Access or Access 2 or UniCel (Beckman Coulter)	Present	Present	Present	Absent	CLIA	Paramagnetic particle	Lumi-Phos 530	25	55	0.9-1.0	≥ 10.0
Abbott Laboratories	AxSYM	HCr43	C200	C100-3	Present	MEIA	Paramagnetic particle	4-Methylumbelliferyl Phosphate	33	30	0.8 - 1.2	≥ 10.0
Siemens	Advia centaur	C22-3	Present	c200	Present	CLIA	Magnetic particle	Acridinium	10	58	0-9-1.0	≥ 11.0
BioMerieux	Vidas	HCr43	Present	C100-3	Absent	ELFA	Well	4-Methylumbelliferyl Phosphate	100	40	Not indicated	Not available
Abbott Laboratories	Prism	HCr43	HCr43	c100-3	Present	CLIA	Well	Acridinium	50	54	Not indicated	Not available
DiaSorint	Eti-MAX 3000	HCr43	HCr43	c100-3	Present	ELISA	Well	3,3',5,5'-tetramethylbenzidine	20	90	Not indicated	Not available
Ortho-Clinical Diagnostics	Microtite plate	c22-3	c200	c200	Present	ELISA	Well	3,3',5,5'-tetramethylbenzidine	20	90	Not indicated	≥ 3.8
Abbott Laboratories	Semi-automated (IMx)	Present	Present	Present	Present	ELISA	Well	3,3',5,5'-tetramethylbenzidine	20	90	Not indicated	≥ 3.8

ELISA: Enzyme-linked Immunosorbent Assay; CLIA: Chemiluminescence Immunoassay; MEIA: Microparticle capture Enzyme ImmunoAssay Ortho-Clinical Diagnostics, Buckinghamshire, Germany; Roche Diagnostics GmbH, Mannheim Germany; Abbott Laboratories, Wiesbaden, Germany; Siemens Healthcare Diagnostics, Deerfield, IL; BioMerieux Clinical Diagnostics, France; Bio-Rad, Marnes-la-Coquette, France.

The limitations of HCV-Abs tests are: 1) In patients with acute HCV infection, it may remain undetectable for between 45-68 days (“the window period”) [56]; 2) The high rate of false positives due to the multiple presence of circulating immunoglobulins [63]; 3) There may be a negative result in patients who are immunocompromised - so a negative result does not rule out exposure or infection. In the general population, and among blood donors, the specificity is lower - thus blood banks use recombinant immunoblot techniques to confirm the EIA results [64].

Automated EIAs for the detection of anti-HCV are widely-used in high-volume clinical laboratories and these instruments offer excellent precision and reliability, as well as high-speed throughput, random access and technical simplicity.

2.1.1. Supplementary Test (Immunoblot)

Recombinant immunoblot assays (RIBAs) are used as confirmatory tests when EIA are prone to repeated false-positive results. Immunoblot assays use artificial HCV proteins, recombinant proteins and/or synthetic peptides that are separately coated on a nitrocellulose strip; except the Murex assay, in which a mixture of 4 recombinant HCV antigens are electrophoresed on polyacrylamide gel then electroblotted to nitrocellulose. Third-generation RIBA strip assays use two recombinant antigens c33c (NS3) and NS5 and two synthetic peptides c100 (NS4) and 5-1-1 (NS4) derived from putative nonstructural regions of the virus, while the third peptide c22 corresponds to the nucleocapsid (core) viral protein [65]. Band reactivity is graded by visual

calibration against immunoglobulin G control bands present on each strip. A sample is considered positive when at least two HCV bands have 1+ or greater reactivity, considered indeterminate when only a single HCV band has 1+ or greater reactivity, whilst considered negative when no HCV bands have 1+ or greater reactivity [66]. The main disadvantage of RIBA is the occurrence of indeterminate results in problematic samples although some new confirmations of the third-generation RIBA assays have changed the positivity criteria, reducing the frequency of indeterminate results so these are currently being carried out by molecular methods. Five percent of supplementary tests give an indeterminate result in immunocompetent patients, usually because it is in the early stages of the HCV primary infection but it may be greater than 30% in low-risk populations [67] (Table 3).

2.1.2. Core Antigen

The detection of the HCV core Ag (HCVcAg) can be used for the detection of HCV infection in the “window period” by a conventional ELISA [68] because it appears in the serum from 1 day before the appearance of HCV RNA, and 45 days sooner than HCV antibodies [69,70]. It is also more stable after freezing or heating than HCV RNA [71].

Two types of test have been developed: HCV antigens can be detected either as a standalone antigen test or as an antigen/antibody combination test during the “window period”, or during active viral replication after the development of antibodies [70,72,73].

Table 3. Epitope Map Tested in the Different Confirmatory Anti-HCV Test ((Modified from E Dussaix, et al. J. Clin. Microbiol. 1994,32(9): 2071-75)

Core	E2/NS1	NS3	NS4	NS5	Reagent	Manufacturer
C22		C200r	C200		Ortho RIBA-2	Chiron Corporation
C1 C2		4091	NS4		Deciscan HCV plus	Sanofi Diagnostics Pasteur
C22		C33c	C100/5-1-1	NS5r	Ortho RIBA-3	Chiron
C1 C2	E2/NS1	NS3	NS4	NS5	Innolia-III HCV antibody III	Innogenetics NV
C22		NS3	NS4	NS5	Bioblot HCV 3.0	Bokit-Izasa

Sanofi Diagnostics Pasteur, Marnes-la-Coquette, France; Innogenetics NV, Ghent, Belgium; Ortho Diagnostic Systems, Chiron Corp., Emeryville, California.

Table 4. Main Characteristic of HCVcAg Assays

Assay	Detect	Assay Format	Solid Phase	Labelled Substance	Sample Vol (µl)	Time of Reaction	Pretreatment	Cut-Off (fmol/L)	Type of EIA
Architect Anti-HCV Ag core (Abbott Laboratories)	Ag/Ab	CLIA	Paramagnetic particle	Acridinium	200	37 min	Yes	3.0	Two step
Murex HCV-Ag/Ab (Abbott Laboratories)	Ag/Ab	ELISA	Well	Luminal derivate (TMB)	50	180 min	Yes	Mean (Negative control) + 0.2	Two-step sandwich
Monolisa HCV Ag/Ab ULTRA (Bio-Rad Laboratories)	Ag/Ab	ELISA	Well	Estreptavidina-peroxidasa	50	160 min	No	Mean (Positive control/4)	Indirect test (Ab) and sandwich test (Ag)

ELISA: Enzyme-linked Immunosorbent Assay; CLIA: Chemiluminescence Immunoassay; Ab: antibody; Ag: antigen.

Table 5. Commercial Qualitative and Quantitative HCV Molecular Assays (Modified from Ghani *et al.* Hepatology 2009)

Qualitative Assay	Application	LOD	Technique	Type Amplification
AmpliScreen 2.0 (Roche Molecular System)	Blood screening	< 50 IU/ml	Semi-automated rtPCR	Target
Amplicor HCV 2.0 (Roche Molecular System)	To Confirm active infection	60 UI/ml in serum 50 UI/ml in EDTA	Manual rtPCR	Target
Cobas Amplicor Monitor HCV 2.0 (Roche Molecular System)	To Confirm active infection	50 UI/ml in EDTA 60 UI/ml in serum	Semi-automated rtPCR	Target
Versant HCV RNA (Siemens Healthcare Diagnostics)	To Confirm active infection/ Blood screening	5 IU/ml	Semi-automated TMA	Target
Procleix HIV/HCV assay (Gen Probe)	To Confirm active infection/ Blood screening	<50 IU/ml	Manual TMA	Target
Procleix Ultrio assay (Gen Probe)	To Confirm active infection/ Blood screening	<50 IU/ml	Automated TMA	Target
Quantitative Assay	LOD and Dynamic Range (IU/L)	1 IU/L conversion	Technique	Type Amplification
Amplicor HCV Monitor 2.0 (Roche Molecular System)	600 (600-500,000)	0.9 copies/ml	Manual competitive rtPCR	Target
Cobas Amplicor Monitor HCV 2.0 (Roche Molecular System)	600 (600-500,000)	2.4 copies/ml	Semi-automated competitive rtPCR/ automated	Target
Cobas Amliprep/Cobas TaqMan HCV (Roche Molecular System)	15(43—69,000,000)	2.7 copies/ml	Semi-automated competitive rtPCR	Target
Versant HCV RNA 3.0 Quantitative assay (Siemens Health Care Diagnostics)	520 (615-700,000)	5.2 copies/ml	Semi-automated “branched DNA” Assay	Signal
LCx HCV RNA Quantitative assay (Abbott Laboratories)	23 (25-2,300,000)	4.3 copies/ml	Semi-automated Competitive rtPCR	Target
SuperQuant (National Genetic Institute)	100 (600-1,470,000)	3.4 copies/ml	Semi-automated Competitive rtPCR	Target
Abbott RealTime (Abbott Molecular Diagnostics)	12 (12-100,000,000)	Not available	Automated rtPCR	Target

Second generation HCVcAg assays have reduced the pre-treatment steps and improved sensitivity by more than a 100-fold [74] - this has been done by adding detergents to dissociate HCVcAg-Ab complexes, and by the addition of four antibodies against highly-conserved regions [75, 76].

Some reports recommend that HCVcAg assays could be a cost-effective alternative compared to RT-PCR when used to: demonstrate HCV replication [68]; diagnose acute infection in immunocompetent patients, or patients with severe immunosuppression (HIV infection; hemodialyzed patients etc..) except for hemodialysis patients with low-level viremia [77,78]; evaluate chronic infection and monitor the response to antiviral therapy with comparable results to those of HCV-RNA PCR [68,77]. Furthermore, they do not require specialized equipment or skilled personnel, and are less expensive - taking less than an hour to develop. However, the major limitation is the lower limit of detection (LLOD), which in the new-generation of commercial assays is 10^3 IU/mL of viral RNA. Therefore, HCVcAg is less sensitive than HCV-RNA assays when used in treatment

monitoring or response-guided therapy [68] because false negatives of these kits range to 7-10% [69].

Quantitative HCVcAg titer was correlated with the HCV RNA level and found that the sensitivity and specificity of different genotypes can vary but this discrepancy is minimal [68]. The threshold recommended at the International Consensus Conference on Hepatitis C for predicting the outcome of treatment was that 800,000 IU/ml of HCV RNA correspond to 32 pg/ml of HCVcAg [78].

An early HCVcAg decrease down to undetectable levels within four weeks may be predictive of a sustained virologic response (SVR) after commencing combination therapy, and a detectable HCVcAg at 12 weeks has a positive predictive value of 100% for non-SVR [77,79].

The Architect HCVcAg assay, performed on the Architect i2000SR CLIA analyzer, has a detection limit of 3 fm/L, or 0.06 pg/ml of recombinant c11Ag (residues 1-160) of the isolated HCV genotype 2a and a dynamic range extended to 180,000 fmol/L with an automated 1: 9 dilution. The total assay time is 40 min [80].

2.2. Molecular HCV Assays

Molecular assays are crucial for the management (detection and quantification) of HCV infected patients because RNA can be detected 10-14 days after infection and approximately 1 month before the appearance of antibodies [81].

To standardize automatic molecular assays, WHO has developed an HCV RNA international standard based on international units (IU/mL), which has facilitated the interpretation of the viral load values of different methods. The first standard (96/790) was developed in 1997 and the second standard (96/798) was performed in 2003 with an assignation of 10^5 IU/ml. Commercial assays are calibrated through the WHO standard based on HCV genotype 1 [82]. The assays must detect all genotypes, regardless of the viral load level.

LLOQ is accurate and reproducible because it is within the dynamic range of quantification, whereas the LLOD is defined statistically, and the actual amount of HCV RNA it indicates varies among patients and samples. Therefore, the LLOD is not suitable for making individual therapeutic decisions. Future assays should have identical LLOD and LLOQ values to ensure accurate definition of undetectable levels of HCV RNA. In the meantime, new time points should be defined for accurate assessment using the LLOQ [83]. The LLOD required for the quantitative test is 50 IU/mL, but for the new real-time quantitative assays, it is 15 IU/mL with a large linear range (LR) of HCV RNA detection: 50 IU/mL to 6 or 7 log IU/mL [84] (Table 4).

Quantitative and qualitative HCV RNA assays are based on: amplification of the target [transcription-mediated amplification (TMA), classical reverse-transcription polymerase chain reaction and real-time (RT-PCR)] or amplification of the signal (branched DNA, bDNA) [84,85] (Table 5).

2.2.1. Qualitative HCV RNA (RNA Detection)

Qualitative assays detect viral genomes and are used to define active infection and to confirm EIA results (diagnosis and monitoring) as well as for the screening of blood donors.

2.2.1.1. Polymerase Chain Reaction (PCR-Based Assays)

The COBAS[®] AmpliCor HCV Test v2.0 is performed on the COBAS[®] AMPLICOR Analyzer (Roche Molecular systems). HCV RNA is isolated from virions by lysis of viral particles and alcohol precipitation. An RNA script with primer binding identical regions to those of the HCV target is introduced into each sample and serves as an internal control. The test utilizes reverse transcription of target RNA to generate complementary DNA (cDNA), which is denatured by heating, and then the target cDNA is amplified by the Polymerase Chain Reaction (PCR) and nucleic acid is hybridized for the detection of HCV RNA in human serum or plasma. In the last phase, a coloured complex is formed, which is measured at 660 nm [86].

Transcription-mediated amplification (TMA) is an isothermal nucleic acid amplification process that involves a more complex set of reactions with the reverse transcriptase and T7 RNA polymerase.

The Versant HCV RNA Qualitative Assay (Siemens Molecular): In this method, sample preparation, target amplification and amplicon detection are carried out in a single tube. Following a lysis step, target HCV RNA is captured by magnetic particles coated with oligonucleotides complementary to the 5'UTR of the HCV genome. Monitoring of target capture and amplification is achieved by adding an internal control RNA to each sample. The target RNA is then amplified with an isothermal TMA process that requires the addition of primers, reverse transcriptase, and T7 RNA polymerase. Some of the newly synthesized RNA amplification products re-enter the TMA process and serve as templates for new rounds of amplification. To detect the amplified product, TMA-labelled oligonucleotide probes are used to emit a chemiluminescent signal [86]. The LLOD is 5 IU/ml and 10 IU/ml with a sensitivity from 96% to 100%, respectively. It is independent of HCV genotypes [86,87] and may be useful in predicting which patients are at risk from virological relapse after cessation of antiviral therapy, helping to define treatment response and determine acute infection [88].

2.2.2. Quantitative HCV RNA

These methods for accurate quantification of HCV RNA levels have become key tools in the clinical management of patients under treatment and to predict the response probability to combination interferon/ribavirin therapy by assessing rates of HCV viral load decline as well as to complement the information provided by HCV genotype determination. Finally, HCV viral kinetics data are essential for the understanding of new therapeutics such as the protease class of inhibitors [89].

2.2.2.1. Target Amplification Techniques by Reverse Transcriptase-Polymerase Chain Reaction (RT-PCR)

In real-time PCR monitors, the fluorescence emitted during amplification can be detected during the enzymatic reaction in each PCR cycle. This differs from end-point PCR by using fluorogenic probes, primers, and amplicons. Quantitative measurements occur during the exponential phase of the amplification step; the quantity of the amplification products is proportional to the quantity of the HCV or internal standard initially present in the sample. These assays have a broad dynamic range, improving LLOD ≤ 10 IU/mL without the need for pre-dilution in addition to being specific, accurate and reproducible. The most common assays available for fluorescence detection include: hydrolysis probe assays, hybridization probes such as molecular beacons, dual-hybridization probes, scorpion primers and DNA binding dyes (SYBR green) [85,90]. There are two commercial quantitative real-time PCRs for HCV RNA:

The Abbott Real Time HCV assay (Abbott Laboratories, IL., USA) is performed on the m2000sp for sample extraction and m2000rt for amplification-quantitative processing.

The Cobas AmpliPrep/Cobas TaqMan HCV Test (Roche Molecular Systems) is integrated into the fully automated Docking Station[®] modular platform. It is a probe-based method, which combines automated isolation on the COBAS AmpliPrep[™] followed by amplification-quantitative detection on the COBAS Taqman 48/96 Analyzer[™] [91].

Reverse transcription and amplification primers, as well as the probe, are targeted to the HCV 5'UTR of HCV. In each complete process, a quantitative standard is included to compensate for the inhibition effects and for process control. It has an LLOD and high performance but there are two critical points: sample overestimation with high viral loads and viral load underestimation for genotype 2 and 4 [92].

LightCycler (Biorad, CA, USA) uses hybridization probes and SYBR Green (Molecular Probe Inc) uses DNA-binding agents. SYBR Green I, however, has a number of limitations that include the inhibition of PCR, preferential binding to GC-rich sequences and effects on melting curve analysis [93].

The AMPLICOR HCV MONITOR Test v2.0 (Roche Molecular Systems) is available on the COBAS AMPLICOR[®] Analyzer, which allows automated amplification, detection, and reporting for HCV RNA quantification. The primers allow RT-PCR of the 5'UTR region of the HCV genome. On the COBAS AMPLICOR Analyzer, thermal cycling and detection is carried out *via* a colorimetric format using suspensions of magnetic particles coated with probes specific for the HCV and QS amplicons. Absorbance measurements are made using the COBAS AMPLICOR. Although it is highly reproducible, it has low sensitivity and yield [94].

2.2.2.2. Signal Amplification Techniques by Branched DNA (bDNA)-Based Assays

The risk of contamination is reduced by the elimination of target nucleic acid amplification. The target nucleic acid is immobilized to a support thus allowing different washes to take place so that false-positive results are kept to a minimum [95].

The most used is the Versant 3.0 Quantitative assay performed by the System 340 bDNA Analyzer (Siemens Medical Solutions Diagnostics). This is a semi-automated RNA test to quantify HCV, which uses a solid-phase oligonucleotide probe to capture the target RNA, followed by hybridization of a branched secondary (bDNA) probe. The capture probes and the target probes bind to the 5'UTR and core regions. The DNA amplifiers bind to enzyme-conjugated tertiary probes, and after substrate is added, the chemiluminescence produced is proportional to the amount of target RNA [96]. Currently, Siemens have released the VERSANT[™] 440 Molecular Systems, a fully automated system [97].

2.2.3. Genotype Test

Knowing the infecting genotype has a direct impact on the prognosis and on the choice and duration of the treatment algorithm as well as being a statistically significant predictor of SVR to antiviral therapy [98].

The reference method for HCV molecular typing is genome sequencing and subsequent phylogenetic analysis but this method cannot be used in Clinical laboratories. Most of the commercial genotyping methods are based on the detection of the 5'UTR region, which is amplified easily and has enough polymorphism to distinguish between different genotypes. The NS5B region is amplified with difficulty, mainly genotype 4 [99]. The serological method has lower sensitivity and specificity than molecular assays [100].

Firstly, in these assays, the subgenomic region is amplified, determined by chain reaction polymerase in real time (RT-PCR), after which the different types are discriminated by direct sequencing [101] (TRUGENE HCV 5'NC region genotyping assay; Visible Genetics, Canada), followed by reamplification with genotype-specific primers or subtype [102]; reverse hybridization of amplicons with immobilized membrane (INNO-LiPA HCV I/II/ VERSANT HCV genotype assay 2.0; Innogenetics, N.V./Siemens Medical Solutions Healthcare) with either genotype-specific probes or subtype [103]; RFLP (restriction fragment length polymorphism DNA) [104]; heteroduplex mobility analysis using capillary electrophoresis gradient temperature [105] or dissociation curve analysis using fluorescent probes FRET technology (fluorescence energy transfer resonance) [106].

2.2.3.1. Direct Nucleic Acid Sequencing

The product amplified in the TRUGENE[®] assay is neutralized, purified and subsequently sequenced in both directions by a capillary method (Clip[™]). The obtained sequence is aligned with prototypical sequences of different genotypes and subtypes and then a computer program performs a phylogenetic analysis to determine genotype and subtype [107].

2.2.3.2. DNA Hybridization

INNOLIPA HCV II is based on reverse hybridization and uses PCR products from the 5'UTR, after being denatured, it is subjected to hybridization with multiple probes and two control targets aligned and fixed to the nitrocellulose membrane by means of respective poly-(T) queues. The hybrids formed are evidenced by the addition of a conjugate (streptavidin-labelled alkaline phosphatase) followed by chromogenic substrate. The genotype is determined after alignment with the card strip test reference. LiPA II includes 22 probes of different genotypes and subtypes [108].

TRUGENE[®] and INNO-LIPA assays can be performed with amplification products obtained from Roche AMPLICOR assays. Some reports have indicated that the two assays have similar abilities in determining genotypes (rates from 95-100%) but that the main limitation is the difficulty in accurately defining some subtypes of HCV strains [107].

The Invader HCV Genotyping Assay (Third Wave Technologies, Inc., Madison, Wisconsin) is based on the analysis of the 5'UTR, using DNA cleavase technology and FRET. The amplicons may be generated from different commercial methods. It can be completed in 1.5 h (after amplification) and is precise with genotypes yet imprecise with subtypes [109].

2.2.3.3. Restriction Fragment-Length Polymorphism (RFLP)

These use universal primers that are subjected to nested PCR followed by digestion of the amplicon with restriction enzymes at the genotype-specific site [110].

Other commercial assays are based on the analysis of subgenomic regions: such as the core region (GEN-ETI-K DEIA kit, Sorin, Italy) or the NS5B region (NS5B Genotyping Assay TRUGENE, Siemens Medical Solutions) or 5'UTR and core regions (VERSANT 2.0, Siemens). These have improved the discrimination between subtypes or the

Abbott Real Time HCV Genotype[®] (Abbott Molecular Diagnostics), where the RNA is purified from plasma and amplified using specific primers of the NS5B regions, 5'UTR and a recombinant thermostable polymerase with transcriptase and DNA polymerase activity. The cycles of amplification are realized on the ABI PRISM[®] 7000 and the data obtained are analyzed using the Sequence Genotyping Software Program 2.0 (Celera Diagnostics, Alameda, California). The LOD is 1,200-1,500 U/ml. It does not accurately discriminate between genotypes 4 and 6 [111].

2.2.3.4. Primer-Specific & Mismatch Extension Analysis

The PSMEA HCV genotyping test detects genotype-specific sequence differences in the 5'UTR and is considered to be a high throughput rapid genotyping assay that can reliably identify mixed HCV infections [112].

Liquid microarrays are used for HCV genotyping and are based on the analysis of the 5'UTR and NS5B regions. The xMap Technology (Luminex Corp, Austin, Texas) is based on short pieces of DNA attached to tiny plastic beads, or microspheres, floating in a sample. It is similar to a gene chip, where many nucleic acid sequences can be detected simultaneously with a LLOD of 50 copies/reaction [113].

2.2.3.5. Nanoparticles

Nanoparticles have been proposed as promising tools to develop the next generation of assays. The most common nanoparticles used are: quantum dots and gold nanoparticles (AuNPS).

AuNPS are spheres with a typical diameter of 2-50 nm and have the property known as "surface plasmon resonance": when the particles are distributed evenly throughout a liquid, they reflect light in a way that makes them appear red; when they clump together, they look blue [114,115]. The RNA is extracted from the virion and then short pieces of DNA complementary to the HCV RNA and the gold nanoparticles are added to this solution. In the absence of HCV RNA, the primers stick to the gold nanoparticles and separate them, thus the solution appears red. If the virus is present, the primers pair with the viral RNA instead and the gold nanoparticles aggregate, turning the solution blue. The test is performed in a tube and takes only 30 minutes [115].

CONCLUSIONS

Today, fully-automated platforms are available for the detection of serological and molecular markers of HBV and HCV infection. New enzyme immunoassays can quantify hepatitis B surface and hepatitis C core antigens, which can then be used for prognosis and treatment monitoring. Over the next few years, it is expected that tests will be developed for the detection of HCV which are based on multianalyte micro-fluidic chips, nucleic acid lateral-flow and point-of-care tests, which will improve the management of HCV infected patients.

The currently available real-time PCR are simple to perform and have a short turnaround time. In addition, they have a large LR, minimal contamination risk and can be combined with automated DNA-HBV and RNA_HCV extraction to provide an excellent platform for the detection and quantification of HCV.

ABBREVIATIONS

AASLD	= American Association for the Study of Liver Diseases guidelines
AuNPS nanoparticles	= Quantum dots and gold
bDNA	= Branched DNA assay
cccDNA	= Co-valently closed circular DNA
CLIA	= Automated chemiluminescence immunoassay
Clip TM	= Capillary method
FRET	= Fluorescence energy transfer resonance
HBV	= Hepatitis B virus
HCV	= Hepatitis C virus
HBsAg	= Hepatitis B surface antigen
qHBsAg	= Quantitative HBsAg
HbcrAg	= HBV core antigen
HCVcAg	= HCV core Ag
IS	= Internal standard
INNO LiPA	= Reverse-hybridization-based line probe assay
LLOD	= Lower limit of detection
LLOQ	= Lower limit of quantitation
LR	= Large linear range
MALDI-TOF MS	= Mass spectrometry
OFR	= Overlapping reading frames
PSMEA	= Primer-specific & mismatch extension analysis
RFLP	= Restriction fragment length polymorphism
RT-PCR	= Chain reaction polymerase in real time
RIBAs	= Recombinant immunoblot assays
T _m	= Melting temperature
TMA	= Transcription-mediated amplification
WHO	= World Health Organization

CONFLICT OF INTEREST

The author declares that they have no competing interests.

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