# Sexually Transmitted Infections and Associated Conditions Among Women Who Have Sex with Women

Devika Singh<sup>\*</sup> and Jeanne M. Marrazzo<sup>\*</sup>

Department of Medicine/Division of Allergy and Infectious Diseases, Center for AIDS and STD, Harborview Medical Center/University of Washington, Box 359931, 325 Ninth Avenue, Seattle, WA 98104, USA

**Abstract:** Available data support that women who have sex with women (WSW) are at risk for a variety of sexually transmitted infections (STI) and vaginitis. Risk of STI transmission in this group depends on the specific STI under consideration and the sexual practices involved. Data demonstrates that WSW receive less standard gynecologic screening than their heterosexual counterparts. This may be due, in part, to provider and patient assessment of risk. Based on available evidence, there is a need to increase provider education on the sexual health of WSW. Moreover, enhancement of STI screening guidelines that specifically mention WSW, particularly for cervical cancer and infections caused by *C. trachomatis*, are essential.

# **INTRODUCTION**

Despite an increased interest in the field of women's health over the past two decades, relatively few studies have focused on the sexual health of lesbians. The literature, though sparse, does contain important findings in the field of sexually transmitted infections (STI) among women who have sex with women (WSW). Although the body of research on lesbian health is growing, only a limited number of methodologically rigorous, longitudinal studies have explored sexual and reproductive health among WSW. This review highlights sexual health risks and disparities in WSW, a group of women that have been traditionally overlooked in the research arena and often marginalized in society.

Terminology in the field of sexual health can be problematic. The term WSW is often used to describe women who report sex with women. This may, however, capture women currently having sex with women but also those who have a history of recent or remote sex with men. Some may use the term WSEW to describe women who report sex exclusively with women. The term WSMW attempts to captures women who report sex with both men and women. Again, this term is limited in that it may capture some women who are currently having sex with women exclusively but have a very remote history of sex with men. Data gathering tends to be specific, for example, eliciting information from research participants on sex partners within the past 90 days. Other researchers, however, may wish to capture information on sex partners within the past year. Thus, there are no universal definitions for WSW, WSEW and WSMW.

The word "lesbian" has been used variably, and often carelessly, to convey information about the different axes of sexuality including orientation, identity and behavior [1]. Sexual orientation describes emotional, romantic, or sexual attraction toward others [2]. Sexual identity is a term used to label oneself and may describe a place within a specific community (lesbian, bisexual, or queer, for example). Sexual behavior refers to specific sexual practices with a partner, despite orientation or identity. Researchers often assume that the term "lesbian" communicates relevant information about all three axes. This confusion has been compounded by a relatively widespread assumption that women who selfidentity as lesbian have never had sex with men or are not currently sexually active with men.

Imprecise terminology, assumptions about current and past sexual partnerships, and general ignorance of the complexity of women's sexuality have all contributed to the relative lack of sophisticated, long-term data on the sexual practices and health of a highly diverse group of women.

We recognize the many challenges and limitations in terminology in this field of research. For the purposes of this review, we attempt to use the term WSW to describe data that captures women with primary sexual partnerships with women and the term WSMW to describe data for women that acknowledge sexual partnerships with both men and women.

#### **EPIDEMIOLOGY**

Despite the fact that the social stigma surrounding homosexuality has diminished somewhat over the past few decades, many individuals, fearing community ostracism or employment discrimination, remain reluctant to disclose their sexual behaviors or orientation. The Institute of Medicine, in its 1999 report, Lesbian Health: Current Assessment and Directions for the Future, emphasized that more data is needed on STIs, cervical cancer screening, and risk for cervical cancer in lesbians [3].

WSW have been largely absent from the data collection that drives national disease surveillance and national

<sup>\*</sup>Address correspondence to these authors at the Department of Medicine/Division of Allergy and Infectious Diseases, Center for AIDS and STD, Harborview Medical Center/University of Washington, Box 359931, 325 Ninth Avenue, Seattle, WA 98104, USA;

Tel: 206-744-8311/3679; Fax: 206-744-3693;

E-mails: dsingh@u.washington.edu, jmm2@u.washington.edu

women's health studies, including the Nurse's Health Study and the Women's Health Initiative (WHI). The WHI only began collecting information on same sex behavior or identity in 1998 and the Nurse's Health Study began this in 1995 [4]. According to the 2002 National Survey of Family Growth, which collected reports of sexual behavior using audio computer-assisted self-interviewing (A-CASI), 11% of women aged 15 to 44 reported same sex behavior in their lifetime (this data was based on a sample of 12,571 men and women) [5]. A-CASI is an important research tool designed to capture information on sensitive topics, such as sexual health and drug use.

The National Survey of Sexual Attitudes and Lifestyles (NATSAL) 2000 study collected information on the sexual behavior of 11,161 residents in Britain aged 16-44 [6, 7]. Approximately 1 in 10 women in NATSAL 2000 reported attraction to women with 4.9% reporting at least one same sex partnership in their lifetime and 2.8% reporting same sex genital contact in the past five years. In this same study, 98% of WSW reported a history of sex with men and 85% reported that they had sex with a man in the past 5 years.

#### SEXUAL BEHAVIORS

The majority of WSW (between 80-95%) report a sexual history with men, with much of this behavior commencing during adolescence [8, 9]. Diamant and colleagues surveyed 6,935 self-identified lesbians which they solicited through a survey printed in The Advocate, a U.S.-based national gay and lesbian news magazine. The majority of women in this study (77.3%) reported one or more lifetime male sex partners. Of these women, 17.2% reported having anal intercourse and 5.7% reported a male sex partner in the past year. According to this study and others, WSW may engage in relatively high risk sexual behaviors including unprotected vaginal and anal sex with homosexual or bisexual men [10].

Consistent with the common report of sexual experience with men, WSW typically report a number of reproductive health outcomes, including pregnancy and induced abortion. Lifetime prevalence of reported pregnancy ranges from 23% to 35% among WSW [11, 12]. Among 392 WSW who participated in the Seattle Lesbian Health Study (1998-2001; median age of all subjects, 28 years), 25% reported a prior pregnancy, over half had used oral contraceptives, and 16% had had an induced abortion [13].

Other studies have demonstrated high risk behaviors among WSW, including use of injection drugs and crack cocaine, and exchange of sex for drugs or money [14-19]. One relatively large cross-sectional survey across health care sites in the U.S. found that women who identified as lesbians generally reported more male sex partners and specifically higher numbers of homosexual male sex partners in the past year than either heterosexual or bisexual women [20]. This study included 1,304 lesbians, across 33 outpatient primary care sites, who participated in an extensive questionnaire (98 items) with a good response rate (>50%). Respondents were mostly white, highly educated, and had a relatively high income. Although most women reported being in a stable relationship (71%), many (23%) reported substance use while having sex or sex with a homosexual or bisexual man (6%) in the past year. Of those women who recently had sex

with men (N=600), only a little over half reported ever using condoms.

In NATSAL 2000, 70.7% (95% CI 61.9-78.5%) of WSMW as compared with 50.8% (95% CI 32-69.3%) of WSW reported 1 female partner only in the past 5 years [6]. WSMW, as compared with heterosexual women, reported higher risk sexual encounters including anal sex (ageadjusted odds ratio for WSMW relative to women reporting exclusively heterosexual partners [AOR] 2.41 [95% CI 1.52-3.81, P < 0.05]), most recent partner described as "not regular" (AOR 1.76 [95% CI 1.04-2.97, P<.05), initiating sex less than 24 hours after meeting most recent partner (AOR 2.44 [95% CI 1.39-4.28, P<.05]) and unsafe sex (two or more heterosexual partners in the past 4 weeks with inconsistent condom use; AOR 7.17 [95% CI 3.25-15.8, P<.001]). Moreover, WSW were more likely than heterosexual women to report seeking care at an STD clinic, obtaining an HIV test, being diagnosed with any STI and having had an induced abortion (P<0.001 for each relative to heterosexual respondents).

Differences among WSW and WSMW are noteworthy and warrant separate analyses. In one study of more than 29,000 sexually active female college students, selfidentified bisexual women reported a history of more STIs than either their heterosexual or self-identified lesbian counterparts [21]. In one analysis among WSW, 14-44 years of age, self-reported viral STI rates were significantly higher among self-identified bisexual women (15.0% to 17.2%) than among self-identified lesbians (2.3% to 6.7%) [22]. These findings support the need to carefully assess sexual history in terms of prior and current risk behavior for more focused and optimal screening and education.

Table 1 provides an overview of sexual behaviors commonly practiced by WSW. These behaviors (including but not limited to oral sex, receptive vaginal and anal sex with fingers, hands, and shared sex toys) present a plausible means for exchange of infected cervicovaginal secretions and menstrual blood. This possibility is supported by reports of transmission of genital human papillomavirus (HPV), genital herpes, *Chlamydia trachomatis, Neisseria gonorrhoeae*, syphilis, trichomoniasis and HIV among this group [23-28]. Further discussion on each of these STI and on bacterial vaginosis (BV) follows.

#### **Genital Human Papillomavirus**

Certain strains of HPV cause genital warts, and the majority of cervical and some types of anal cancer. HPV has been detected in WSW including those with no prior history of sex with men. Two Seattle based studies enrolled WSW to assess HPV DNA by PCR-based methods in cervical, vaginal and vulvar samples [25, 27]. Among 150 women in the earlier of these two studies (1995-1997), HPV DNA was present in 30% of all subjects and in 19% of those who reported no lifetime history of sex with men. Among all subjects with detectable HPV DNA, 29 (69%) had unclassified types only, 9 (21%) had HPV-31/33/35/39, 8 (19%) had HPV-16, and 1 (2%) had HPV-6/11. Twenty-eight (62%) had HPV DNA detected in the specimens from the cervix, 26 (58%) from the vagina, and 32 (71%) from the vulva. Among the 41 woman with HPV DNA who did report

| Table 1. | Sexual Practices | Among Women | who have Se | x with Women |
|----------|------------------|-------------|-------------|--------------|
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| Practice                                               | Vernacular Name                                  | Estimated Frequency <sup>a</sup>           | Factors Modifying Risk of STD <sup>b</sup>                                                                                                                                                                                                            |
|--------------------------------------------------------|--------------------------------------------------|--------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Oral-<br>vulvar/vaginal<br>contact<br>(cunnilingus)    | Going down<br>Active = Top<br>Receptive = Bottom | Very common<br>(>95%)                      | <ul> <li>Presence of oral lesions in active partner (herpes, syphilis, possibly gonorrhea) (+)</li> <li>Use of barriers (plastic wrap, dental dams, condoms)</li> </ul>                                                                               |
| Digital/vaginal-<br>contact (digital-<br>anal contact) | Fingering<br>Fisting<br>(top or bottom)          | Very common (95%)                          | <ul> <li>Sharing of infected cervicovaginal secretions (trichomoniasis, <i>C. trachomatis</i>, gonorrhea, HPV, herpes) (+)</li> <li>Use of gloves (-)</li> </ul>                                                                                      |
| Oral/anal contact                                      | Rimming                                          | Common<br>(35%)                            | <ul> <li>Presence of oral infection in performing partner (syphilis, genital herpes) (+)</li> <li>Presence of anorectal infection in receiving partner (hepatitis A, enteric pathogens) (+)</li> <li>Use of barriers (-)</li> </ul>                   |
| Insertive sex toys<br>(to vagina or anus)              | Toys, dildos                                     | Common vaginally<br>(60%) and anally (25%) | <ul> <li>Sharing of infected cervicovaginal or anal fluid (trichomoniasis, <i>C. trachomatis</i>, gonorrhea, HPV, herpes) (+)</li> <li>Use of condoms with sex toys (-)</li> <li>Sharing insertive toys without cleansing prior to use (+)</li> </ul> |
| Direct genital-<br>genital contact                     | Tribadism                                        | Very common (95%)                          | <ul> <li>Direct contact of susceptible skin/mucosa (HPV, herpes, syphilis) (+)</li> <li>May involve use of interposed devices, such as vibrators, which can cause mechanical vulvar irritation</li> </ul>                                             |
| Sadomasochism                                          | S & M, Bondage                                   | Unknown                                    | - Sharing of blood (hepatitis B, C, HIV) (+)                                                                                                                                                                                                          |

<sup>a</sup>Refs. [15, 25, 58].

<sup>b</sup>Plus sign (+) denotes factor likely to enhance risk of STI transmission or acquisition; minus sign (-) denotes factor with probable protective effect.

prior sex with men, 21 (51%) had not had sex with a male partner in over a year (range, 1-18 years; median, 2 years). Women with detectable HPV DNA who reported male sex partners were more likely to report a history of receptive oral sex (P=0.05).

In the subsequent Seattle Lesbian Health Study (1998-2001) [27], HPV DNA was measured in 248 women and detected in 31 (13%), including 7 with HPV type 16 and 15 with other oncogenic types. Twelve (39%) had nononcogenic types (6/11, 40/42/53/54). Among the 28 women with HPV DNA who reported prior sex with men, 14 (50%) had not had sex with a male partner in over a year (range, 1-11 years; median, 2 years). Importantly, both highand low-grade squamous intraepithelial lesions (SIL) were detected on Papanicolaou (Pap) smear testing in both of these studies, including among women with no history of sex with men. In the first study, 13 (6% of all subjects) of 150 participants had abnormal Pap smears with 3 of these women reporting no prior sex with men and 3 women reporting female partners with genital warts. Among 248 women enrolled in the second study, 7 of 11 SIL detected occurred in women who reported no prior sex with men or sex with men more than one year previously. Twenty-five women (10% of all subjects) had abnormal Pap smears. Four women had high-grade and 7 had low-grade SIL with 7 of these lesions occurring in women who reported no history of sex with men or sex with men more than one year prior to testing. HPV DNA was detected in 7 of the 11 women with SIL (HPV-16 in 3 women and other oncogenic types in 4 women). In a large study in an STD clinic in Melbourne, Australia, abnormal Pap smears occurred equally among WSW and heterosexual controls [15].

#### **Genital Herpes**

Genital herpes is classically caused by herpes simplex virus (HSV) type-2 (HSV-2) but can also be secondary to HSV type-1 (HSV-1). Both virus types occur among WSW with some data suggesting that HSV-1 is more prevalent in this population. Western blot assay to detect type-specific antibodies in the sera of 392 women enrolled in the Seattle Lesbian Health Study was completed [26]. Antibodies to HSV-1 were detected in 46% of samples and antibodies to HSV-2 in 8%. Moreover, HSV-1 seroprevalence increased significantly with increasing numbers of female partners. A sexual history of sex with men was not the only risk factor for HSV seropositivity. Of 78 women who reported no prior sex with men, 3% were HSV-2 seropositive.

Findings from the Seattle study are slightly disparate from those of the U.S. National Health and Nutrition Examination Survey (NHANES) study that tested sera collected between the years 1999-2004 on a population presumed to be largely heterosexual [29, 30]. The seroprevalence of HSV-2 among women age 20-29 years old was roughly double (15.6%) that of the seroprevalance from the Seattle study. This could be explained, in part, by less efficient genital transmission of HSV-2 in the absence of penile-vaginal sex. Additionally, the Seattle based study largely comprised white women who reported longterm monogamous partnerships. Predictors of HSV-2 infection in the NHANES study included race, age, lifetime number of sex partners (gender not specified) and marital status. Other predictors included fewer years of formal education, income below the poverty level and history of cocaine use. Of these, increasing age was the only independent predictor for HSV-2 seroprevalence in the Seattle Lesbian Health Study (see Fig. 1).



**Fig. (1).** Seroprevalence of HSV by number of lifetime sex partners (With permission from Marrazzo JM, Stine K, Wald A. Prevalence and risk factors for infection with herpes simplex virus type-1 and -2 among lesbians. Sex Transm Dis 2003; 30: 890-5).

Some studies suggest that the incidence of genital infection with HSV-1 is increasing and that new genital HSV-1 infections are as common as oropharyngeal HSV-1 infections [31-34]. Because genital infection with HSV-1 is most likely acquired during receipt of oral sex, a behavior probably practiced more frequently by WSW than heterosexual women, WSW may be at increased risk. Receptive oral sex in the absence of vaginal intercourse among 1207 heterosexual women prospectively followed in Pittsburgh increased the risk of HSV-1 seroconversion (9.8 vs 1.2 cases per 100 woman-years of follow-up; P=.04) [33]. Data from the Seattle study supported a stronger association between number of lifetime female sex partners and HSV-1 infection (Fig. 2) than among those who reported male sex partners in the NHANES study [30].



**Fig. (2).** Sexual behaviors of women who have sex with women (With permission from Marrazzo JM, Stine K, Wald A. Prevalence and risk factors for infection with herpes simplex virus type-1 and -2 among lesbians. Sex Transm Dis 2003; 30: 890-5).

#### Chlamydia Trachomatis and Neisseria Gonorrhoeae

*Chlamydia trachomatis* (*C. trachomatis*) is the most common bacterial STI in the world, with an estimated 4-5 million cases in the U.S. alone reported annually to the Centers for Disease Control and Prevention (CDC) [35]. *C. trachomatis* has a major impact on women's sexual and reproductive health. Untreated infections can lead to pelvic

inflammatory disease (PID), tubal infertility and chronic pelvic pain. Because the majority of infections in women are asymptomatic and do not cause visible signs of cervicitis, the CDC and the United States Preventive Services Task Force recommend annual screening for all women aged 24 years and younger [36, 37]. Despite the widespread prevalence of *C. trachomatis*, little data at the clinic, community or population level is available that describe its prevalence among WSW.

Reliable reports of documented transmission of either *C.* trachomatis or *N. gonorrhoeae* among WSW are rare. For example, among 709 new patients attending a clinic for lesbians in London, prevalence of *C. trachomatis* was 0.6% and gonorrhea was 0.3% [38]. Another study based in an STD clinic in Seattle, Washington, revealed *C. trachomatis* among only 2 (1.1%) of 187 women reporting sex only with women in the past 2 months and in 12 (1.9%) of 841 women reporting sex with both men and women during that time frame. Gonorrhea was detected in 0 of 192 women and 14 (2.1%) of 661, respectively [18].

A larger study analyzed data from 9358 visits with tests for C. trachomatis among WSW and WSMW compared to heterosexual women attending family planning in the U.S. Pacific Northwest from 1997 to 2005. C. trachomatis positivity, a proxy for clinic based prevalence, was 7.1% among both WSW and WSMW compared with 5.3% among heterosexual women. Behavioral risks were more commonly reported by women reporting same sex behavior compared to heterosexual women. WSW were more likely to have clinical findings (including cervical ectopy, friable cervix, PID or cervicitis) (OR 3.5 [95% CI 2.3-5.3], P<0.05) compared to WSM (OR 3.1 [95% CI 3.0-3.3], P<0.05) and WSMW (OR 2.5 [95% CI 1.7-3.8], P<0.05). Risks for C. trachomatis positivity were comparable across the groups and included younger age, non-white race, behavioral risks, and clinical signs [39]. The authors concluded that until more data are available to clarify the epidemiology of and risks associated with this common infection, WSW should undergo routine age-based screening for C. trachomatis as recommended for heterosexual women.

#### Human Immunodeficiency Virus and Syphilis

Studies suggest that some WSW engage in higher risk sexual behaviors, including sex with men who have sex with men (MSM), relative to their heterosexual counterparts [14, 17]. As such, some WSW are at risk for a number of STI prevalent in MSM. Risk of HIV transmission varies with sexual behaviors, including exchange of cervicovaginal secretions, or exchange of blood in the setting of vulvar or vaginal abrasions, during menses or as a consequence of sexual activity. While no large scale studies have been conducted on WSW and HIV, there have been case reports of HIV transmission between women, including women who report sex exclusively with women [28, 40-44]. Kwakwa and Ghobrial reported a 20-year-old woman who had had sex exclusively with a bisexual HIV-infected partner for two vears prior to being diagnosed with a genetically identical strain of HIV. Reported sexual contact between these two women included oral sex and sharing of sex toys. The newly HIV-infected woman reported that although she never engaged in sex during menses, bleeding during sex had

occasionally occurred. The investigators excluded alternative explanations, confirming the patient had never shared toothbrushes or razors with her infected partner, injected drugs, received a blood transfusion nor had sex with men.

Transmission of syphilis requires only skin to skin or mucosal contact which can easily occur in the context of sex between women. In fact, sexual transmission of *T. pallidum*, the causative agent of syphilis, between female partners has been reported [45]. Among WSW who engage in sex with higher risk male sex partners, there may be a higher than usual risk of syphilis acquisition given the recent rise in early infections over the last several years among men who have sex with men [36].

Certain non-sexual risk behaviors including injection drug use (IDU) may be higher among some WSW. In one study that included U.S. surveillance for reported AIDS cases from 1980-1989, 95% of the 79 women who reported sex with another woman reported current or past IDU [46]. The HIV Epidemiologic Research Study evaluated the sexual behaviors of women who reported prior IDU, had sex with 5 or more partners in the prior 5 years, had a history of sex with a male sex partner at risk for HIV, or had exchanged sex for drugs or money. In this study, 67 of 871 subjects (8%) had had sex with a woman during the 3.5 years of the prospective follow-up. Most (82%) had a history of IDU. A notable weakness of this study was that information on the HIV status of sex partners was not reported.

#### **Bacterial Vaginosis**

Bacterial vaginosis (BV) is a condition that occurs when the hydrogen peroxide-producing *Lactobacillus* species that characterizes the normal human vagina are replaced by high quantities of commensal anaerobic bacteria. BV is the most common cause of vaginitis among women of reproductive age, and is associated with pelvic inflammatory disease and pre-term labor. BV, though mostly considered significant among women in the context of pregnancy, also increases the risk of STI, including HIV acquisition [47-50].

For reasons that warrant further analysis, the prevalence of BV among WSW is high and vaginal colonization with hydrogen peroxide-producing lactobacilli is low relative to that of heterosexual women matched for age and sexual risk behaviors [51-55]. BV prevalence among lesbians in these studies has ranged from 24% to 51%, as compared to 21% for heterosexual STD clinic patients and 9% to 14% for pregnant women. Although BV is not a classic STI in that a specific microbial precipitant has not been identified, Criswell and Gardner successfully transmitted BV from one woman to another by the transfer of vaginal secretions in early studies of "Hemophilus vaginalis vaginitis", a historical term for BV [56]. Moreover, Marrazzo and colleagues, utilizing rep-PCR to characterize vaginal isolates among 30 monogamous (defined within the timeframe of the prior 3 months) female sex partners, revealed that 23 of these couples shared identical strains of Lactobacillus. Finally, other studies have demonstrated that BV is frequently found in both members of monogamous lesbian couples and BV concordance within couples has been associated with specific sexual behaviors, including shared use of vaginally penetrative sex toys [57, 58].

The common practice of oral sex among WSW may play a part in the high concordance of BV among both members of monogamous lesbian couples, as certain anaerobic bacteria that may also colonize the oral cavity are newly identified agents associated with this condition [58-60]. However, studies that have carefully analyzed a role for oral sex in BV in this population have not consistently reported a positive association. More research is needed in this area.

#### Trichomoniasis

In the context of sex between partners that involves potential exchange of cervicovaginal secretions, vaginal infection with trichomonads should be plausible. Interestingly, only one case report of this among WSW is in the literature. Both women in a partnership were infected with *Trichomonas vaginalis* that was found to be resistant to metronidazole [24]. Among 708 new patients attending a clinic for lesbians in London, trichomoniasis was detected in 1.3%, including women who reported no prior sex with men [38].

## **PREVENTIVE HEALTH**

One of the most reliable measures of appropriate provision of preventive health among women is cervical cancer screening. Despite the fact that many WSW accurately perceive themselves to be at risk for cervical cancer, Pap smears are performed less frequently than standard guidelines recommend [61-63]. Several investigators have reported that WSW are less likely to undergo routine Pap smear screening and preventive gynecologic care relative to their exclusively heterosexual counterparts [6, 62]. Moreover, as demonstrated in qualitative and quantitative research [20, 67], most women who report same sex behavior do not believe that they are at risk of acquiring STI from their female partners. This may lead to less frequent use of preventive measures (for example, washing sex toys between partners) or infrequent use of barrier methods (including gloves, condoms, dental dams) for STI prevention [65]. Finally, health care providers may neglect to obtain a complete sexual history and thus fail to elicit reports from WSW of higher risk behavior that would prompt STI screening and related prevention counseling [66]. Recent research on college aged women revealed that those women who identified as lesbian were the least likely to have had a routine gynecologic examination (46%, compared with 64-73% of women who identified as bisexual or unsure versus heterosexual) [21].

Three studies in the U.S. have reported low rates of Pap smear screening among WSW. In the Seattle Lesbian Health Study, 95% of the respondents believed they should receive Pap smears annually or every 2 years after a normal smear, but 36% provided a reason for not having done so [27]. Reasons most commonly cited were lack of insurance, adverse experience at prior Pap smear screening, and a belief they did not need it because they were not sexually active with men that was often enforced by physicians. Despite high levels of education and income, women with no prior sex with men were less likely to have ever received a pelvic examination, received their first Pap smear at an older age, and had less frequent Pap smears relative to women who reported prior sex with men. The Boston Lesbian Health Project used snowball sampling to query a national sample

of 1633 lesbians [67]. Interestingly, while overall screening rates approximated the general population, 39% of respondents younger than 20 years and 16% of those 20-29 years had never had a Pap smear. A study conducted in New York City that utilized a multilingual population-based survey found that WSW were less likely to have had a Pap test in the past 3 years (66 vs 80%, P<0.0001) and a mammogram in the past 2 years (53% vs 73%, P<0.0009) than other women. Women whose sexual identity and sexual behavior were concordant were more likely to have engaged in healthcare screening practices including Pap smears. In other words, WSW who identified as lesbian were more likely to have received timely Pap tests (97 vs 48%, P<0.0001) than those WSW who identified as heterosexual [68].

Many WSW (53%-72%) do not disclose their sexual behavior to physicians when they seek care, and disclosures may elicit negative reactions [69]. In a survey of 1,086 WSW, only 43% with a clear risk factor for HIV perceived themselves to be at risk [64]. Similar assumptions about HPV acquisition from female partners may place these women at risk for delayed detection of cervical cancer by less frequent or no cervical cancer screening. Finally, WSW who do not also have sex with men may not access venues providing hormonal contraception, thus eliminating another routine opportunity for cervical cancer screening to be sought and/or offered.

### CONCLUSIONS

The expanding field of sexual and reproductive health often overlooks the health risks and needs of WSW. Given that WSW appear to be at risk for a full range of viral and bacterial STI, available data highlights the need for more sound science, public health attention and improved provider and patient education. The sexual behaviors of WSW allow transmission of cervicovaginal secretions and blood-borne pathogens, as supported by reports of several STI among women who reported sex exclusively with women. Further research on behaviors and mechanisms of disease acquisition and transmission among WSW, including exploration of higher risk partnerships and behaviors, is needed. Moreover, the available data strongly support efforts to enhance healthcare providers' skill in sexual risk assessment and promote standard screening guidelines for cervical cancer and chlamydia in sexual minority women.

# FINANCIAL DISCLOSURES/POSSIBLE CONFLICTS OF INTEREST

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