## P-121

# The Use of Orthosiphon Stamineus Anticancer Action Against Human Oral Squamous Cell Carcinoma 

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Background: Oral squamous cell carcinoma (OSCC) accounts about $90 \%$ of head and neck cancer. Orthosiphon stamineus is a medicinal herb grown in Southeast Asia and exhibit many pharmacological properties such as, anti-inflammatory, antioxidant, anti-bacterial, antiangiogenetic effects.
Objective: To investigate the anticancer effect of Orthosiphon stamineus against human OSCC in vitro.
Methods: The proliferative activity of the OSCC was investigated by the doubling time assay. Proliferation essay was done to assess the anti-proliferative effect of Orthosiphon stamineus aqueous extract by treating the human OSCC with $0-300 \mu \mathrm{~g} / \mathrm{ml}$ of the aqueous extract. The efficacy of Orthosiphon stamineus to inhibit the recovery of the OSCC colonies was measured by clonogenic assay. Caspase- 3 activity was investigated using colorimetric assay.
Results: The results obtained from the human tumor colony-forming assay showed that Orthosiphon stamineus has suppressed the recovery of OSCC colonies in dose-dependant manner. Orthosiphon stamineus inhibits the clonogenic potential of OSCC with minimal cell surviving fraction of 0.0015 . The surviving percentage of the proliferating OSCC decreases by increasing the concentration of the extract. Caspase activity was also enhanced by Orthosiphon stamineus.
Conclusion: The use of Orthosiphon stamineus may be beneficial for the suppression of the human OSCC and it may serve as a chemopreventive or therapeutic agent for the oral cancer.
Keywords: Orthosiphon stamineus, OSCC, Anti-cancer.

