

Molar Cusps in Southern Chinese

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Abstract: *Aim:* To investigate the number of molar cusps of the Southern Chinese and compare these with studies in different populations.

Materials and Methods: The number of molar cusps of study casts of an unselected sample from a 12 year old Hong Kong Oral Health Survey of 12 year old children ($n=459$; 295 boys and 164 girls) were studied.

Results: For upper first molars, 5-cusp molars were the most prevalent in males (39%) while 4-cusp molars were the most prevalent in females (39%). For lower first molars, 5-cusp molars were the most prevalent in both sexes (63%-72%). For lower second molars, 5-cusp molars were the most prevalent in both sexes (43%-53%).

Conclusion: Different from traditionally described, the Southern Chinese has more 5-cusp lower second molars than the 4-cusp ones.

Keywords: Molar cusp, Southern Chinese.

INTRODUCTION

It is generally believed that the numerous morphologic characteristics of the teeth are genetically determined [1, 2]. Detailed description and study of these traits could provide valuable information regarding phylogeny of man and distinctions between races and subraces [1, 3-12]. Features of morphology which closely reflect genetic structure should be examined in determining the evolutionary (phylogenetic) relationships of populations and in establishing taxonomies that reflect these relationships [12]. Although tooth morphology may be an indicator of genetic distances between populations, it should be viewed with caution [11]. The study of the number of cusps are not only important in anthropology, it is also important in the study of dental occlusion, orthodontics, restorative dentistry and prosthetic dentistry.

In modern man, the number of cusps of the upper molars is frequently reduced from four to three. The formula for the number of cusps of the upper molar series is changing from 4-4-4 to 4-4-3 and 4-3-3. The trend is more marked in females than in males of all populations that have been studied. In most studies, males generally showed a lesser tendency than females to reduction in the number of cusps of the upper molars. The process of reduction occurs through the elimination of the hypocone or distolingual cusp, with a subsequent decrease in the mesiodistal crown diameter and in the occlusal area.

Moorrees [1] reported that living Aleut females possessed fewer five-cusped second molars than males, the difference being significant (N.B. small sample size of 36). In

the Aleuts, the frequency of 4 cusps is 100 % for the first molars, 69 % for the 2nd molars and 31 % for the 3rd molars.

There are normally five main cusps on a lower molar. The fifth or disto-buccal cusp is the most variable, which may be absent. If the fifth cusp is present it is often placed lingually, out of line with the other two buccal cusps. The fifth cusp may be divided into two parts by a fissure which runs antero-posteriorly, thus the tooth may have three lingual and three buccal cusps [8]. A total of ten cusps can be theoretically present on a lower molar tooth. There is a large amount of publications on molar morphology, numbers of molar cusps, origins, and evolution of both cusps and teeth [13]. There are no standards yet available to determine whether a cusp should be recorded as one because of its inadequate size.

Suzuki & Sakai [14] found no significant differences in first and second molar cusp numbers of 392 male and female Japanese.

The frequency of cusp 6 on first and second molars [65 and 63 % respectively] from Indian crania was found to be about three times that of Aleuts (21 and 18 %) and Eskimos (22 and 18 %). All three groups (Indian, Aleuts and Eskimos) showed five or six cusped first lower molars. No four-cusped molars were found. Four-cusped second lower molars occurred most often in the Aleuts [9 %], less in Indians [3 %] and least in the Eskimos [1 %] [15].

Europeans and American Whites have the highest and unique frequency of four-cusped lower first molars (10 %) while the rest of the world's populations that have been sampled, which included African and American Negroes, Australians, Melanesians, Chinese, Japanese, Aini and native Americans, possessed on the average less than 3 % four cusped first lower molars [16-18].

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Moorrees [1] stated that bilateral symmetry was perfect for lower molars, permitting him to report his observations on an individual basis. Cusp 6 was infrequently present on the lower second molar when it was not expressed on the first molar in Southwest Indians [19]. This accounted for the moderate association for cusp 6 between these teeth. This pattern was in line with the concept of field effect. Dahlberg [20] concluded that the field for cusp 6 had reversed polarity, that is the field is reversed for size but not for total incidence.

Dental traits generally showed a positive correlation with tooth size, which probably explains why the inter-trait correlations are mostly positive [21]. Dahlberg [22] presented evidence for a relationship between cusp number and tooth size.

Sexual dimorphism in cusp number was evident in that females tend to have more cusps for the same crown diameter. Larger teeth of the same class had a greater number of cusps [23].

'Southern Chinese' are defined as those Chinese whose ancestors originated from provinces south of the Yangtze River and they speak different dialects from the northerners. There is no study about the prevalent of various dental morphologies in this population.

The aim of our study is to investigate the cusp numbers of the upper first permanent molars and lower first and second permanent molars of the Southern Chinese and compare these with studies in different populations.

MATERIALS AND METHODS

Dental study casts ($n=459$; 295 boys and 164 girls) were obtained as part of a multi-disciplinary survey of cross-sectional, randomly selected sample of 1247 12-year-old Chinese children from the Oral Health Project in Hong Kong [24, 25]. The participants needed to complete a questionnaire to ask about the country and province in origin of both father and mother. Teeth found to be carious, missing, restored at the measurement landmark, hypoplastic, worn or malformed or orthodontically moved were excluded from the present investigation. Damaged casts which made the assessment data questionable were also omitted. Only study casts with permanent dentition were included in the study. The number of cusps of the upper first permanent molars and lower first and second permanent molars were recorded. Any elevation of enamel that was tuberculate in form occurring at an expected cusp location with a free apex was considered to be a cusp regardless of its size.

RESULTS

Table 1 shows the frequency distribution of number of cusps of the permanent molars in both arches. For upper first molars, 5-cusp molars were the most prevalent in males (39%) while 4-cusp molars were the most prevalent in females (39%). For lower first molars, 5-cusp molars were the most prevalent in both sexes (63%-72%). For lower second molars, 5-cusp molars were the most prevalent in both sexes (43%-53%). Very few 4 cusped lower first permanent molars were noted (1%), unlike the lower second permanent molars which have 34% and 41% four cusps for males and females respectively.

DISCUSSION

This young age group of Southern Chinese was chosen for measurement to minimize the alteration of the dental arch dimensions because of attrition, restoration or caries. Efforts were made to ensure randomization and adequate sample size to ensure validity.

With the above results, the number of molar cusps in Southern Chinese is compared with other population as below:

For upper first molars:

From Table 1, while most upper first molars were described as having 4 cusps (29%-39%), there existed 1% male in this sample that had only 3 cusps.

Equally as abundance as 4 cusps were the 5-cusps upper first molars (30%-39%). As described by Scott and Turner [26], cusp 5 in upper first molars was termed distal accessory tubercle, metaconule and this trait took the form of an occlusal tubercle on the distal marginal ridge of the upper molars. It was positioned between the metacone and the hypocone although it was more closely associated with the metacone. For an accessory tubercle, this trait showed a relatively wide range.

From Scott and Turner [27] the geographic variation in cusp 5 of the upper first molar could be summarized in the following manner:

- (1) Low frequency groups (10-25%): Western Eurasia, Sino-Americas.
- (2) Intermediate (30-40%): Sunda-Pacific, Sub-Saharan Africa?
- (3) High frequency groups (45-60%): Sahul-Pacific, Sub-Saharan Africa?

Therefore, the data from the Southern Chinese fitted the intermediate frequency groups.

In addition, there existed 6-cusps upper first molar, which were quite common (21%-24%), around two-thirds of 5-cusps upper first molars; and some 7-cusps upper first molars (5%-7%); and 8-cusps upper first molars (2%-4%).

For lower first molars:

From Table 1, while most lower first molars were described as having 5 cusps (63%-72%), there existed some cases (0.5%, 36, male) in this sample that had only 3 cusps and some cases (1%) in this sample that had only 4 cusps.

From Scott and Turner [28] geographic variation in lower molar cusp number shows the following pattern:

Lower first molar (4-cusped forms)

- (1) Low frequency groups (0-3%); Sub-Saharan Africa, Sino-Americas, Sunda-Pacific, Australia.
- (2) Intermediate (5-10%): New Guinea, Melanesia, prehistoric Europe.
- (3) High frequency groups (10-20%): Western Eurasia.

Therefore, the data from the Southern Chinese fitted the low frequency groups.

Table 1. Prevalence (%) of Number of Cusps of Upper First Molars and the Lower First and Second Molars in 12 Year Old Southern Chinese Males (n = 270) and Females (n = 149)**Upper Arch**

Number of Cusps	Males		Females	
	(n = 270)		(n = 149)	
	16	26	16	26
3 cusps	1	1	0	0
4 cusps	30	29	39	39
5 cusps	39	39	30	30
6 cusps	22	24	21	21
7 cusps	6	5	7	6
8 or more cusps	3	2	3	4

Lower Arch

Number of Cusps	Males		Females		Males		Females	
	(n = 262)		(n = 145)		(n = 118)		(n = 81)	
	36	46	36	46	37	47	37	47
3 cusps	0.5	0	0	0	0	0	0	0
4 cusps	1	1	1	1	31	36	39	43
5 cusps	64	63	72	70	53	45	45	43
6 cusps	31	32	22	23	14	18	14	13
7 cusps	3	3	5	5	2	1	2	1
8 or more cusps	0	0	0	0	0	0	0	0

In addition, there existed 6-cusps lower first molar, which were quite common (22%-32%), around one half of 5-cusps lower first molars;

From Scott and Turner [29] cusp 6 lower first molar on a world scale was summarized as follows:

- (1) Low frequency groups (0-10%): Western Eurasia.
- (2) Low intermediate (10-20%): Sub-Saharan Africa, South Siberia, Altaic-speakers, New Guinea.
- (3) High intermediate (30-50%): North and East Asia, Americas, Melanesia.
- (4) High frequency groups (>50%): Polynesia, Australia.

Therefore, the data from the Southern Chinese fitted the intermediate frequency groups.

Furthermore, there existed some 7-cusps lower first molars (3%-5%). Scott and Turner [30] summarized world values for more than 270 samples, confirmed this succinct characterization of cusp 7 variation. They suggested this was a trait common in Africa and rare, or at least uncommon, in all other human groups and it was difficult to even trichotomize variation as there was no distinct pattern evident among the low frequency groups:

- (1) Low frequency groups (0-10%): Western Eurasia, Sino-Americas, Sunda-Pacific, Sahul-Pacific.
- (2) High frequency groups (25-40%): Sub-Saharan Africa.

Therefore, the data from the Southern Chinese fitted the low frequency groups.

For lower second molars:

From Table 1, while many lower second molars were described as having 4 cusps (31%-43%), most lower second molars were identified as having 5 cusps (43%-53%), and some cases (13-18%) in this sample that had 6 cusps and some even have 7 cusps (1%-2%).

Scott and Turner [30] summarized world values for lower second molar (4-cusped forms):

- (1) Low frequency groups (10-30%): San, Americas.
- (2) Low intermediate (30-60%): South Africa, East Asia, North Asia, Altaic (Mongolian/Tungusic), Sunda-Pacific, Australia.
- (3) High intermediate (60-80%): New Guinea, Melanesia; East Africa, Altaic (Turkic).
- (4) High frequency groups (>80%): Western Eurasia.

Therefore, the data from the Southern Chinese fitted the low intermediate frequency groups.

The lower second molars are usually described as having 4 essential cusps [31]. The finding that the Southern Chinese has more 5-cusp lower second molars than the 4-cusp ones is an exception to this rule.

CONCLUSION

Different from traditionally described, the Southern Chinese has more 5-cusp lower second molars than the 4-cusp ones.

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