

# Immunohistochemistry of Brain Arginine Vasotocin and Isotocin in False Clown Anemonefish *Amphiprion ocellaris*

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**Abstract:** The brain nanopeptides arginine vasotocin and isotocin are considered to be involved in the regulation of social and reproductive behavior in teleosts. We investigated the immunoreactivity of brain arginine vasotocin and isotocin neurons in four pairs of the protandrous false clown anemonefish *Amphiprion ocellaris* (Cuvier, 1830). After 450 days of pairing, the social rank of each individual was clearly distinguishable by body mass. The resident–intruder model test revealed that dominant individuals tended to display agonistic behavior more frequently than subordinate individuals, yet pairing failed to induce sex differentiation by social rank (i.e., gonadosomatic index and steroid profiles did not differ significantly and the gonads were ovotestes in both social rank individuals). However, dominant individuals had a larger size of arginine vasotocin neurons in the magnocellular layer and a greater number of isotocin neurons in the parvocellular layer of the brain preoptic area (POA) than did subordinate individuals. Arginine vasotocin and isotocin neurons of each layer of the POA showed different projection patterns: in the magnocellular layer, the fibers innervated the medial zone of the telencephalon and the mesencephalic tegmentum, but not in other layers. These results suggest that vasotocin and isotocin neurons in the brain of *A. ocellaris* regulate social behavior and have different roles.

**Keywords:** Anemonefish, Brain nanopeptides, Sex differentiation, Aggression.

## INTRODUCTION

Among sex-changing fishes, anemonefishes (genus *Amphiprion*) are unique, socially controlled, protandrous sex changers with a monogamous mating system. They live symbiotically with sea anemones in the tropical waters of the Indo-Pacific, forming a social unit consisting of a monogamous pair and several nonbreeders or juveniles. Females are the largest and dominant members of social groups, displaying frequent aggressive behavior toward other group members. The second-ranked individuals become males, and others remain as nonreproductive individuals. If a female disappears from the social unit, a male changes sex and the largest of the nonbreeders becomes a functional male [1, 2]. At the same time, under certain conditions immature anemonefishes with ambisexual gonads differentiate directly into males or females. Nonbreeding *Amphiprion clarkii* (Bennett, 1830) in temperate waters can become females without passing through a functional male stage, because suppression by the dominant fish is avoided by the high density of available sea anemones and the small population size of *A. clarkii* [3]. When juvenile anemonefish are raised together in captivity, the largest will become a female and the next largest a male, whereas the rest will remain sexually immature [4].

Meanwhile, brain nanopeptides, arginine vasotocin (AVT) and isotocin (IT) are thought to be involved in social

and reproductive behavior in teleosts. Our previous study revealed that 90 days after group formation false clown anemonefish *Amphiprion ocellaris* (Cuvier, 1830) had different brain AVT phenotypes according to their social rank [5]. The relationship between AVT and IT, however, is still unclear, as is the involvement of these peptides in the social behavior of anemonefish. We therefore evaluated the number and/or size of AVT- or IT-immunoreactive (-ir) neurons in the preoptic area (POA) of the brain of *A. ocellaris* kept in pairs for 450 days. Territorial behavior, concentration of plasma steroids, and histological appearance of gonads were also assessed.

## MATERIALS AND METHODOLOGY

### Animals

Captive-bred sexually immature *A. ocellaris* 12 months after hatching (provided by Dr. T. Furuta, Environmental Science Research Laboratory, Central Research Institute of Electric Power Industry, Chiba, Japan) were kept in a 56-L tank with a closed circulatory system at 25 to 26 °C under natural light. The fish were held in a group of 30 to 50 individuals to suppress sexual maturation until the experiment started. Fish were fed commercial pellets (Omega One Marine Flakes, Omega Sea, Ltd, OH) daily throughout the experiment.

Two individuals were moved to each of four 26-L experimental tanks and kept for 450 days for social rank formation and behavioral observations (n= 4 pairs). A PVC water-pipe joint (50 mm diameter) substituted for a host sea anem-

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one [6] and was placed at the center of the experimental tank as a shelter. Each individual in a tank was identified by differences in the white-striped pattern on its body and classified as  $\alpha$  (dominant) or  $\beta$  (second-ranked) from behavioral observations on Day 0 of the experiment [6].

Experimental protocols followed the Japan Ethological Society *Guidelines for Research on Animal Behavior* (2003) and the U.S. National Institutes of Health (NIH) *Guide for the Care and Use of Laboratory Animals* (1985).

### Behavioral Analysis

To evaluate the development of territorial aggressiveness, resident-intruder model tests were conducted on Days 7, 91, 175, 259, and 427 of the experiment. A water-filled clear plastic pillar-shaped compartment was placed at one end of the experimental tank 4 days before the introduction of an intruder, and the compartment was removed and replaced every day at 8:30 in the morning for habituation to the experimental procedure. On the fifth day, an intruder, which was sexually immature and smaller than the  $\beta$  individual, was placed in the plastic compartment and introduced to the experimental tank at 8:30 in the morning. The behaviors of the  $\alpha$  and  $\beta$  fish were then videotaped for 5 min. The following four behaviors of each experimental fish were observed: duration of approaching an intruder, latency period before touching the compartment, frequency of lunging, and frequency of displacement aggression to a tank mate. The descriptions of the behavioral parameters are provided in Table 1.

**Table 1. Behavioral Parameters of *A. ocellaris***

Behavior	Description
Approach	Duration of focal individual was in between shelter and case.
Latency	Latency of focal individual to touch the case by its mouth.
Touch	Frequency of focal individual to touch the case by its mouth.
Lunging	Frequency of rapid, directed swimming movement to approach an intruder.
Displacement	Frequency of focal individual lunges towards its tank mate.

### Sample Collection and Measurement

On Day 450 of the experiment, fish were anesthetized with MS222 (tricaine methanesulfonate; Sigma-Aldrich, St. Louis, MO), and total body length and weight were measured. Blood samples were collected from the caudal vessel of each fish using a heparinized capillary tube and centrifuged immediately. The plasma was removed and stored at  $-20^{\circ}\text{C}$  in a plastic tube until it was assayed. Brains and entire internal organs in the body cavity were collected and fixed with 4% paraformaldehyde (PFA) in 0.1 M phosphate buffer (PB). Brains were stored in PFA at  $4^{\circ}\text{C}$  for 7 to 10 days until use. After the internal organs had been completely fixed, the gonads were removed under a stereomicroscope and weighed

to determine the gonadosomatic index (GSI). GSI was calculated as gonad mass (g) / body mass (g)  $\times$  100. Gonads were then soaked again in PFA and stored at  $4^{\circ}\text{C}$  until use.

### Hormone Assays

Plasma was diluted 100 times by enzyme immunoassay (EIA) buffer, and the concentrations of testosterone, 11-ketotestosterone (11-KT), estradiol ( $\text{E}_2$ ), and cortisol were measured by using commercially available EIA kits (Cayman Chemical, Ann Arbor, MI). All concentrations were measured in duplicate. Inter- and intra-assay coefficients of variation were 16.3% and 5.0% for testosterone, 8.2% and 8.3% for 11-KT, 14.7% and 7.3% for  $\text{E}_2$ , and 7.6% and 8.4% for cortisol, respectively.

### Gonadal Histology

Gonads were dehydrated and embedded in paraffin. Ten-micrometer sections of gonadal tissue were cut on a standard microtome and stained with haematoxylin and eosin.

### Brain Immunohistochemistry

Brains were saturated with 30% sucrose in PB at  $4^{\circ}\text{C}$  for 18 h and then embedded in Agarose Type IX (Sigma-Aldrich) at  $-20^{\circ}\text{C}$ . Ten-micrometer transverse sections of whole brain were cut on a cryostat, thaw mounted on MAS-coated slides and dried, then stored at  $-20^{\circ}\text{C}$  before further processing. The contiguous sections were processed for alternately detecting AVT-ir or IT-ir tissues. Twenty-micrometer sagittal sections of whole brain of immature *A. ocellaris* were also made and processed for immunohistochemistry to evaluate the projection patterns of AVT- and IT-ir neurons.

Sections were washed by soaking in 0.1 M PB with Triton X-100 (PBT) for 10 min and then in 3%  $\text{H}_2\text{O}_2$  in methanol to eliminate endogenous peroxidase activity. Thereafter, the sections were incubated at room temperature with blocking serum (Vectastain ABC kit; Vector Laboratories, Burlingame, CA) in PBT for 60 min and then incubated for 30 min at room temperature with a rabbit polyclonal antibody to AVP (Peninsula Laboratories, San Carlos, CA; diluted 1:800) or for 24 h at  $4^{\circ}\text{C}$  with a rabbit polyclonal antibody to OT (RO-2K, Dr. N. Yamamoto, Nagoya University, Nagoya, Japan; diluted 1:10 000) in PB containing 0.5% bovine serum albumin. After being washed in PBT, the sections were incubated at room temperature with the biotinylated secondary antibody anti-rabbit IgG (Vectastain ABC kit; Vector Laboratories) for 30 min; this was followed by incubation in an avidin and biotinylated horseradish peroxidase macromolecular complex (Vectastain ABC kit; Vector Laboratories) for 30 min. Thereafter, the sections were rinsed with PBT, then incubated with 0.004% 3, 3' diaminobenzidine (DAB) solution with nickel intensification for about 2.5 min and observed under a light microscope. Digitized images of sections with immunoreactive neurons were captured at  $40\times$  magnification, and the number and size of immunoreactive neurons in the POA were determined by using the public-domain software Image J 1.32j (Wayne Rasband, NIH, Bethesda, MD). Cell number was counted by visual inspection of the captured images, and cell size was measured by tracing the outside margin of the soma. Our

preliminary study revealed that there was no significant difference between the right and left hemispheres of the brain with regard to immunoreactive neuron number and size. Therefore, we measured all parvocellular, magnocellular, and gigantocellular neurons in the POA from the left hemisphere of the brain of each fish.

PreadSORption tests on anti-AVT and anti-IT sera were omitted because their specificity had already been verified [5, 7-10].

**Statistics**

Statistical analyses were performed with StatView + Graphics 5.0J software (Abacus Concepts, Inc., Berkeley, CA; no longer available). A probability of  $P < 0.05$  was considered to indicate statistical significance. To compare behavioral elements, we used a repeated two-way multivariate analysis of variance (MANOVA) followed by the Fisher's protected least significant differences (PLSD). The relationship between body mass and immunoreactive neuron number and size was investigated by Pearson's correlation coefficient analysis. Physical parameters, plasma steroid concentrations, and immunoreactive neuron number and size were compared by using the paired  $t$ -test.

**RESULTS**

**Physical Parameters**

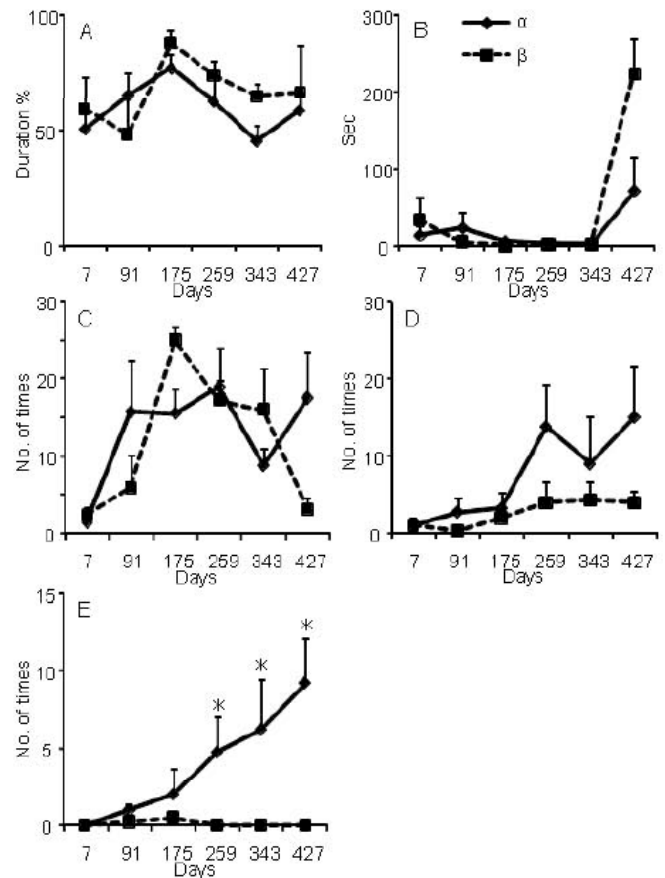
Alpha individuals had a larger body mass, but GSI did not indicate a sex differentiation. Body length ( $t [3] = 3.781, P = 0.03$ ) and body weight ( $t [3] = 9.707, P = 0.01$ ) were significantly longer and heavier, respectively, in  $\alpha$  individuals than  $\beta$  individuals. GSI did not differ significantly between the experimental groups ( $t [3] = -0.216, P = 0.84$ ) (Table 2).

**Table 2. Body Mass and Length of *A. ocellaris* (n=4). Values are means±SE (\*,  $P < 0.05$ , paired  $t$ -test)**

	$\alpha$	$\beta$
Body length (mm)	54.75±1.38	50.25±1.60*
Body mass (g)	3.61±0.20	2.70±0.26*
GSI	0.13±0.05	0.20±0.06

**Resident–Intruder Model Test**

The agonistic behavior of  $\alpha$  individuals gradually increased over time, although displacement aggression, i.e. aggressiveness toward tank mates, was more intense than toward intruders. MANOVA revealed a significant interaction effect between time and social rank on the frequency of displacement ( $F_{2,5} = 16.40, P = 0.05$ ), and post hoc analysis revealed that  $\alpha$  individuals lunged at their tank mates more frequently than  $\beta$  individuals on Days 259, 343, and 427 of the experiment. Although the frequency of lunging tended to increase in later stages of the experiment in  $\alpha$  individuals, there was no significant time course  $\times$  social rank interaction effect ( $F_{2,5} = 4.16, P = 0.21$ ) or other parameters ( $F_{2,5} = 0.26, P = 0.45$  for approach;  $F_{2,5} = 3.61, P = 0.23$  for latency; and  $F_{2,5} = 1.54, P = 0.44$  for touch) (Fig. 1).



**Fig. (1).** Changes in behaviors over time, as assessed by the resident–intruder model test in  $\alpha$  and  $\beta$  individuals kept together for 450 days (n=4); (A) approach, (B) latency, (C) touch, (D) lunging, and (E) displacement. Data points represent means  $\pm$  SE (\*,  $P < 0.05$  MANOVA,  $P < 0.05$ , Fisher's PLSD).

**Steroid Hormone Profiles**

The blood steroids levels did not indicate a sex differentiation between social ranks. There was no significant difference in plasma concentrations of 11-KT ( $t[3] = 0.64, P = 0.56$ ), testosterone ( $t[3] = -0.79, P = 0.17$ ), estradiol ( $t[3] = -1.40, P = 0.26$ ), or cortisol ( $t[3] = 0.29, P = 0.79$ ) between  $\alpha$  and  $\beta$  individuals (Table 3).

**Table 3. Sex-Steroid Profiles of *A. ocellaris* (n=4). Values are means±SE (\*,  $P < 0.05$ , paired  $t$ -test)**

	$\alpha$	$\beta$
11-KT (ng/ml)	3.08±0.42	2.11±0.41
Testosterone (ng/ml)	0.33±0.12	0.24±0.19
Estradiol (pg/ml)	242.71±10.51	390.90±11.29
Cortisol (ng/ml)	14.93±4.97	12.70±5.14

**Histology**

The histological observation of gonads in  $\alpha$  individuals differ little from those in  $\beta$  individuals. Hematoxylin and



**Fig. (3).** Representative images of immunoreactive (ir) staining in transverse sections of the preoptic area (POA) of *A. ocellaris* at 450 days: (A) parvocellular AVT-ir, (B) magnocellular AVT-ir, (C) gigantocellular AVT-ir, (D) parvocellular IT-ir, (E) magnocellular IT-ir, and (F) gigantocellular IT-ir neurons. Scale bar = 100  $\mu$ m.

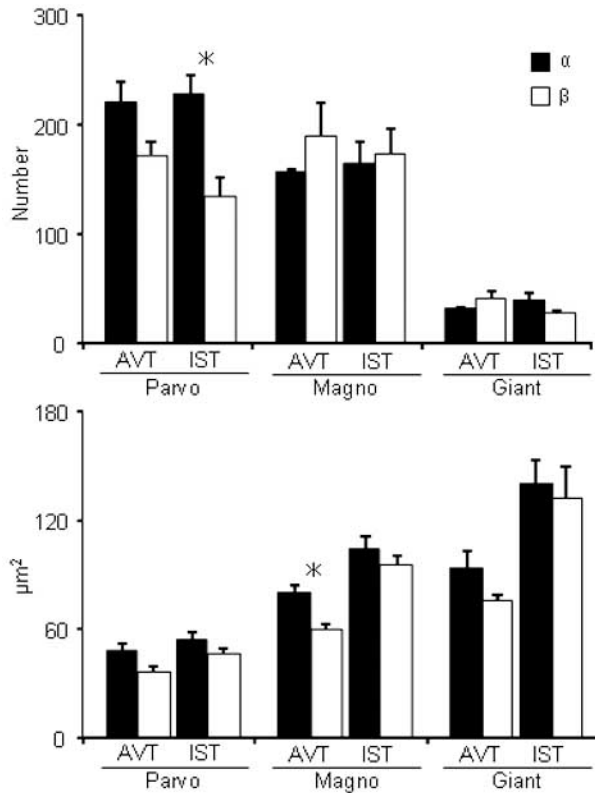
ated with male parental care as well as the onset of maternal behavior [14]. Both AVP and OT are important for social recognition in rats and mice [15], and one study has shown that these peptides are involved in pair-bond formation in monogamous prairie voles [16].

Arginine vasotocin (AVT) and isotocin (IT) are the ancestral peptides of AVP and OT and are thought to be engaged in social and reproductive behavior in teleosts. Brain AVT is involved in aggression [17], courtship [18], and the highly plastic mechanism of sex determination in the brains of some species of sex-changing fish [19]. By contrast, there is evidence that IT can modulate social approach [20], male vocalization [21], and sex change [22], but little is known about the functional role of IT in teleost species.

In the present study,  $\alpha$  individuals on average had a larger body mass and showed greater aggressiveness than  $\beta$  individuals, but there were no indication of sex differentiation between the social ranks after 450 days of pairing. However, immunohistochemical examination showed that  $\alpha$  individuals had a greater number of IT-ir neurons in the parvocellular layer and a larger AVT-ir neurons in the magnocellular layer compared with  $\beta$  individuals. An observable

relationship between body mass and the number and size of AVT and IT-ir neurons was not evident. Our previous study [5] indicated that the number and size of AVT-ir neurons in the POA were notably influenced by body mass after 90 days of pairing, and the results with mass-corrected data showed that the number of AVT-ir neurons in the magnocellular layer declined with increasing hierarchical dominance. This contradicts our present results, which show the same trend with or without mass correction (data not shown). Variations in brain AVT phenotype have been linked to variations in reproductive roles [23-25]. Thus, it is possible that the role of these neuropeptides changes over time, for example, during social group formation, social hierarchy maintenance, and sex differentiation.

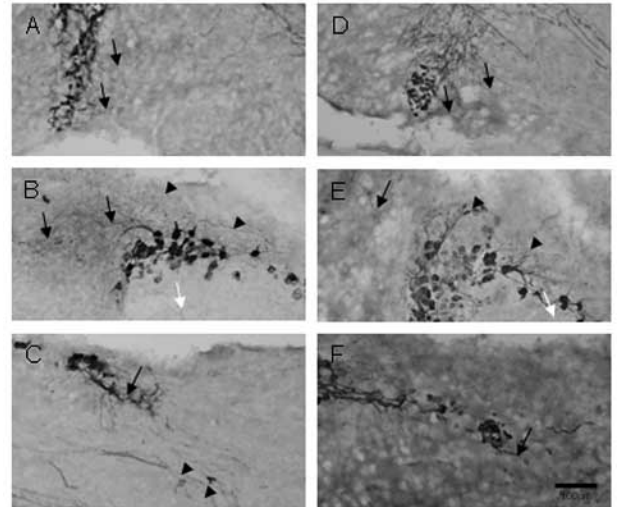
Modulation of the AVT phenotype by social rank was apparent only in the magnocellular layer in the POA. The magnocellular layer of the POA in teleosts may be homologous to the paraventricular nucleus of the hypothalamus in mammals, which integrates aggressive and reproductive behavior [26]. The fibers of these neurons also project densely to the thalamus. Furthermore, the medial zone of the telencephalon, which is innervated by neurons from the magnocellular layer of the POA, may be homologous to the mam-



**Fig. (4).** Numbers and sizes of AVT and IT-ir neurons of *A. ocellaris* at 450 days (n=4). **Upper**, number of neurons; **Lower**, neuron size. Mean  $\pm$  SE (\*,  $P < 0.05$ , Paired *t*-test).

malian striatum or amygdala [27]. These results suggest that AVT plays an important role in the regulation of emotional behavior. Additionally, IT neurons in the magnocellular layer had the same projection pattern as AVT neurons, and the IT-ir fibers seemed to more densely innervate the thalamus than the telencephalon. These results suggest that IT neurons in the magnocellular layer also play a role for the regulation of behavior.

*Amphiprion ocellaris*  $\alpha$  individuals had a greater number of IT neurons in the parvocellular layer of the POA than did  $\beta$  individuals. The axons of the IT neurons in the parvocellular layer seemed to project only to the pituitary, but it is still possible that IT modulates some specific behaviors. In pupfish, *Cyprinodon nevadensis* (Miller, 1948), AVT alters aggression levels of individuals and brain AVT-ir neurons project only to the pituitary [17]. IT is also reported to regulate female-specific behavior. IT-ir neuron numbers tend to decrease during female-to-male sex change in *Lythrypnus dalli* (Gilbert, 1890) [22], whereas AVT-ir neuron size increases [28]. In contrast, there is evidence that AVT and IT work in a coordinated manner. In the sonic midshipman fish *Porichthys notatus* (Girard, 1854), both mesotocin /OT-ir and AVP-ir fibers densely innervate sites of vocal-acoustic integration [21]. The roles of IT remain unclear in the present study; however, it is still possible that IT plays an important role in the behavioral regulation of  $\alpha$  individuals, which may become females in the future.



**Fig. (5).** Representative images of AVT-ir staining in sagittal sections of the POA. AVT-ir (A) and IT-ir (D) neurons in the parvocellular layer with fibers extending to the pituitary (arrow). AVT-ir (B) and IT-ir (E) cell body and fiber staining of magnocellular neurons, showing fibers extending rostrally to the telencephalon (arrow) and caudally to the mesencephalic tegmentum (arrowhead). Fibers projecting to the pituitary are also seen (white arrow). AVT-ir (C) and IT-ir (F) cells in the gigantocellular layer, with fibers projecting to the pituitary (arrow). Fibers from parvocellular layer neurons projecting to the pituitary are also shown (arrowhead).

In the resident-intruder model tests, agonistic behavior of  $\alpha$  individuals gradually increased over time, although displacement aggression, i.e. aggressiveness toward tank mates, was more intense than toward intruders. Displacement aggression has previously been reported in teleosts as well as mammals and is thought to be a behavioral stress-coping strategy [29]. It was reported that the expression of displaced behavior of nonterritorial males of African cichlid fish *Astatotilapia burtoni* (Günther, 1893) might due to the unstable social condition [30]. In the present study, the intensive displacement behavior in  $\alpha$  individuals may be a result of the halfway development of territoriality due to sexual immaturity.

We demonstrated that social rank formation and social hierarchy maintenance in immature *A. ocellaris* modulate AVT and IT-ir neurons in the POA and sex differentiation was not indispensable. Our results also suggest that the roles of brain AVT and IT change over time. Although the phenotypes of AVT and IT neurons of *A. ocellaris* appeared to differ, the essential roles of both peptides remain unclear. Further investigations, such as studies of the entire process of sex differentiation or neuropharmacological studies, are needed.

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