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## Editorial

### The Sports Hip and Groin

In this supplement of the Open Sports Medicine Journal we focus on hip and groin pain and disorders in the athlete. Hip and groin pain are symptoms experienced by most athletes at some point in their career. In many cases the symptoms are transient, self-limiting and mild. In other cases the symptoms become prolonged and force the athlete to suspend sporting activities. These conditions can have enormous implications for the athlete and have resulted in career or activity ending situations for some. Previously, a lack of clear understanding of the underlying pathological processes and often a lack of a clear diagnosis for many of these conditions has resulted in suboptimal management. It has not been uncommon in the past for patients to undergo multiple diagnostic modalities and to meet with multiple specialists without adequate resolution of the problem. However, there has been an explosion of interest and of progress in the understanding and management of conditions affecting the hip and groin in athletes in recent times. Collaborative multidisciplinary approaches have been key in achieving this progress and this is reflected in the composition of this supplement. We have gathered here a multidisciplinary cross section of expert opinion and review from sports medicine physicians, musculoskeletal radiologists, general surgeons, orthopaedic surgeons and physiotherapists. A common thread through all the papers is that this is an evolving field and there is still much work to be done. A strong focus on well structured research and inquiry and continued collaboration amongst the multidisciplinary team managing these patients will ensure that we maintain and build on the progress and successes in management achieved to date.

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