## SUPPLEMENTARY MATERIAL



Supplementary Fig. (1). Schematic diagram, illustrating relationship between rotation angle and distance. The point (or an atom)  $x_1$  moves by r to  $x_1$ ' as a result of  $\theta$  torsion angle in an  $x_1$ - $x_2$ - $x_3$ - $x_4$  molecular system. Essential formulae, length of the chord,  $r = d\sqrt{2(1 - \cos \hat{e})}$ ,  $(x_1$ - $x_1$ ') arc length  $= \frac{d\hat{e}\partial}{180}$ , where  $\theta$  is in degree and d is the bond length  $x_1$ - $x_2$ .



**Supplementary Fig. (2).** Schematic illustration of ideal hinge-motion about O. As discussed in the text, two hypothetical points A and B move to different extents during hinge-bending. Applying the formula of length of the chord (Fig. 1), the relative movement is governed by the following relation:  $\frac{BB'}{AA'} = \frac{d_2}{d_1}$ .

As an example, if OB is a part of an  $\alpha$ -helix, the relative movements of points A and B would be governed by the following equation:  $\frac{d_2}{d_1} = \frac{(n2*1.5)}{(n1*1.5)}$ 

An ideal  $\alpha$ -helix has 3.6 residues per turn, and pitch is of 5.4 Å, then 5.4/3.6 = 1.5Å is a rise per residue. n1, n2 are residue numbers counting from O. So if A and B are 5 and 25 residues apart from O, then their movements differ by five times in hinge-motion.